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Meat scare boosts local food sales

HEALTH Shoppers are keeping their trust close to home after the most recent listeria scare from a major food producer.

Over 26,000 packages of Maple Leaf hot dogs shipped to Alberta were recalled earlier this week, after a warning they may be contaminated with listeriosis bacteria.

Local food industry experts say a scare alone is enough to keep shoppers local.

"It seems that the impact on the local industry is positive," said Growing Food Security in Alberta spokeswoman Susan Roberts. "There's less question and your relationship with food is quite different when you know where it's coming from."

METRO CALGARY FILE PHOTO

Calgary Transit released safety numbers Thursday, showing a significant drop in the number of crimes on transit property per million riders.

Transit safety better

Officials say more officers, cameras reducing crime

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Safety on Calgary Transit has improved dramatically over the past year, according to a new report.

The rate of crime on Calgary Transit property dropped in 2008 to 2.02 crimes per one million riders, down from a three-year high of 2.95 crimes the year before.

Transit safety co-ordinator Brian Whitelaw said part of the decrease could be directly linked to the fact Transit has more peace officers walking the platforms and riding the rails, not to mention closed-circuit camera technologies.

"I certainly think the visible presence played a contributing role in that reduction," he said, adding people feel safer when there is a visible presence. "It's something we'd like to try and provide for buses too."

Despite the safety audit report a few weeks ago that said 38 per cent of Calgarians don't feel safe riding transit at night, Whitelaw said Calgary is one of the safest cities in Canada to ride transit, comparable with Montreal.

"Crime is low on Calgary Transit. The risk of being victimized on transit is extremely low."

However, Michelle Anderson rides transit across the city on a daily basis and she says she doesn't feel safe day or night.

"I have had so many incidents that are nothing short of harassment. I'm terrified, but it's convenient and inexpensive to ride. I just don't enjoy the experience," the 20-year-old said.

She does feel much safer though, when she sees peace officers riding the trains when she is.

"I feel a lot safer because they are there and can see some of the crazy things that go on and help," she said, adding she would like to see more officers in the future.

Last year there were 44 new peace officers patrolling Calgary Transit and with the help of Calgary police, Whitelaw said they responded to more calls than the year before.

By the numbers

- Crimes involving violence against riders decreased from 266 offences in 2007 to 193 in 2008. Vehicle-related crimes decreased 13 per cent overall.

VideoOnline

New downtown train platform boasts enhanced safety features at metronews.ca/local

Province reveals $1.4B deficit

ECONOMY Alberta is heading towards a $1.4-billion deficit at the end of the fiscal year, after provincial figures were revealed in a quarterly update Thursday.

Figures also show a $3-billion shortfall from what Alberta's finance department predicted in April, when it forecast a $1.6-billion surplus.

Provincial revenues are expected to be roughly $38.7 billion, while $37.1 billion in expenses are expected — leaving Alberta with a $1.6 billion surplus.

But investments the province made — including its Alberta Heritage Savings Fund — took a $3-billion hit, leave the province with a "technical" $1.4-billion deficit, Evans said.

"Will we have a deficit next year? Yes," said Evans who promised there would be no double-digit increases in spending to next year's budget that will be released April 7.

"We are going to watch our spending and that means tightening our belts. Every minister has heard that loud and clear."

News of a provincial deficit doesn't sit well with some.

"Running deficits didn't work for Don Getty in the '80s, it certainly won't work in the 2010s," said Scott Hennig, Alberta director of the Canadian Taxpayers Federation.

METRO CANADA

ShareYourViews

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Riding the Recession

Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

Canada

- Looking for a cheap way for the whole family to have fun? Check out your local library — all you need is a card, pg 6

Next Week

- News — What tough economic times mean for city recycling programs.
- Comment & Views — Anne Hines gives us a lesson in recession etiquette.

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Collision victim identified
The identity of the 19-year-old woman killed Wednesday during the early morning commute has been released. Kelly Christine Vanderlaan was driving eastbound on Glenmore Trail when she lost control and was struck by a westbound gravel truck. METRO CALGARY

Local

Serious offender may be in area

The Serious Habitual Offender program is seeking public assistance in locating 23-year-old Joshua Immel. The five-foot-eight man is wanted Canada-wide for violating his statutory release and is believed to be in the Calgary area. He is 165 pounds, wears glasses, and has brown hair and eyes. Anyone with information should call 403-206-8737 or Crime Stoppers. METRO CALGARY

Buyers' window wide open

CREB official expects buying in housing market to resume late in 2009

JENNIFER HILLIKER
for Metro Calgary

A young Calgary couple says real estate agents wouldn't give them the time of day a few months ago.

Now that it's a buyer's market, 21-year-old Lyndsay Peters and her common-law partner, Kyle, are glad they have waited to buy a house — they say that they now hold the power.

"Real estate agents didn't even want to talk to us," Peters said, in reference to just a few months ago when the economy was booming.

"They would just try to sell the house to us right away. It's a lot easier now because we know the house isn't going to sell in five hours anymore. The real estate agents are a lot more willing to sit down and talk to us, because they know we could walk out and find someone else."

Calgary's housing prices were down 7.6 per cent in December 2008 compared with the same month last year, according to the National Bank housing-price index.

Peters plans to wait until summer to buy a home, hoping that prices will drop even further.

"There's a $15,000 to $20,000 difference in prices from when we first began looking. That's really substantial, especially when you're young and planning to buy your first house," she said.

Calgary Real Estate Board president Bonnie Wegerich says the economic slowdown is actually a good thing for the housing market, as it has become more stable and balanced.

"A door may be closing, but a window is opening," she said. "The window of opportunity couldn't be better for buyers right now."

Wegerich also predicted prices of single family homes will drop two per cent in 2009 for an average sale price of $451,120.

But she warns buyers like Peters not to wait too long — she predicts people will begin buying again by the latter part of the year.

City cops applaud fed's legislation

GANGS City cops hope new federal legislation aimed at taking back the streets from gangs will put gang members in jail where they belong, they said Thursday.

Tory Justice Minister Rob Nicholson said Thursday proposed amendments that will stiffen sentences for gang hits, shootings and add additional protection for law enforcement.

Staff Sgt. Gord Eiriksson of the organized crime unit said the proposed legislation could potentially take dangerous gang members out of society for a minimum of 25 years for murder.

"They're gone, they can serve their penance and they can live and die in jail, and that's where they belong," he said.

While police admit they didn't have a lot of time to look over the legislation, they are optimistic it will make a difference in the war against gangs, spokesperson Kevin Brookwell said.

But he added police are still dealing with other issues. "The code of silence … that's a big issue," Brookwell said, adding police need people to come forward with information to help get convictions.

KRISTA SYLVESTER/METRO CALGARY

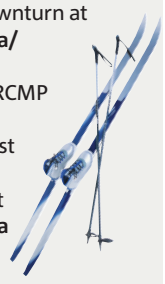
News in brief

OFF-LEASH Love or loathe off-leash parks? Calgary bylaw services wants to know. Anybody is invited to open houses on March 3 at Thorncliff Greenview Community Centre, March 12 at WillowRidge Community Centre, and March 18 at the Animal Services Centre. All begin at 5 p.m. Survey online at calgary.ca/offleashsurvey. METRO CALGARY

metronews.ca
WHAT'S ONLINE TODAY

Video CBC boss considers selling off assets to survive economic downturn at **metronews.ca/canada**

Video The RCMP admits their reaction to lost skiers in B.C. inadequate at **metronews.ca/canada**



Chuckwagon races have new voice

JENNIFER HILLIKER
for Metro Calgary

A young farm boy with a love for chuckwagon races began his career sweeping stalls at the Calgary Stampede.

Now, at the age of 55, his childhood dreams of calling the races have come true. It was announced Thursday that Les McIntyre will be taking the reins — or rather, the microphone — from the legendary Joe Carbury, making him only the second person in Calgary Stampede chuckwagon history to call the GMC Rangeland Derby.

"This is a very special day in the history of the Calgary Stampede, and a most special day in my life," McIntyre said. "A childhood dream has come true for me.

"On good years, in the farming business, we'd trek to the Calgary Stampede and we camped in our GMC truck on the west side of the Grandstand. As years progressed, I would listen to radio broadcasts of the rangeland derby, then I'd head down to the barn and pretend to be … any of the great drivers of that day."

ROBIN KUNISKI/FOR METRO CALGARY

Veteran rodeo announcer Les McIntyre was announced as the new voice of the Calgary Stampede's GMC Rangeland Derby Thursday. McIntyre will be replacing the legendary Joe Carbury.

"A childhood dream has come true for me."
Les McIntyre

McIntyre grew up to be a chuckwagon driver, winning second place at the Ponoka Stampede in the early '80s. After a back injury, McIntyre called his first chuckwagon race in 1985 and has worked as a rodeo announcer ever since.

Carbury, who hung up his cowboy hat last year, gave McIntyre this advice about years to come: "Do enjoy them as much as I did."

VideoOnline
Criminologist says new laws good for "bleeding heart" justice system at **metronews.ca/local**

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City's fraud rates far greater than Canadian average: Police

The Calgary Police Service wants Calgarians to know that fraud rates in Alberta are 42 per cent higher than the national average. They will elaborate at the launch of Fraud Prevention Month on Friday at Southcentre Mall. METRO CALGARY

Site a link to low-income aid

Low-income families might find precious extra dollars hidden away in unrealized benefits or credits available to them.

The Poverty Reduction Coalition officially launched its online Benefits Navigator in Calgary Friday, helping families identify money available to them through the convenience of any computer.

"We don't want people traipsing all over town," said Bruce Edgelow, a member of the coalition's steering committee, adding some have no idea where to find the information they need.

The navigator asks seven simple questions and links directly to appropriate municipal, provincial, and government websites.

Thursday's introductory launch event was held at Momentum, a community economic development organization that partners with United Way and assists low-income families or individuals with financial planning or skills upgrading.

Natasja Fischer, a 35-year-old participant in the self-employment program, said she thought it was a great resource.

"I found it to be very easy to navigate (and) very informative," she said.

Though Fischer said she found useful information there, being single with no children meant she couldn't take advantage of all the credits available, but added many of the people in the program were single mothers or families that would definitely benefit from the tool.

The navigator is located at www.reducepoverty.ca and is a favourite on every computer at the Calgary Public Library.

ALICIA FOX/FOR METRO CALGARY

ALICIA FOX/FOR METRO CALGARY

Natasja Fischer, 35, a member of Momentum's self-employment program, found the new Benefits Navigator website, which will officially launch Friday, easy to use and informative.

News in brief

UTILITIES A city council committee wants administration to look at moving up the date on the installation of mandatory water meters in Calgary. Currently, there is a 2014 deadline, but the Utilities and Environment Committee would like that to be moved up to 2011. Ald. Ric McIver even suggests a deadline of 2010. They will discuss new possible start dates after administration completes a review in March.

UNIVERSITY A new 300-unit residence building is in the works at the University of Calgary. The building will help the growing number of students in need of affordable housing, and help the school meet its goal of 15 per cent on-campus student residence rate. The project was recently approved by the U of C's board of governors.

RENOVATIONS "How's that little project coming along?" That's the theme for this year's Home and Garden Show, which expects a crowd of more than 55,000 and is hosting more than 450 home and garden specialists. It's running until March 1 at the Roundup Centre. Adult tickets are $14, and children between 13 and 17 and seniors are $11 at the door. All tickets are $3 cheaper online at www.calgaryhomeshow.com. METRO CALGARY

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China bids to take over Calgary-based oil firm

China National Petroleum Corp. launched a friendly $443-million offer for Verenex Energy Inc. Thursday to give the state-owned oil company a stake in a promising Libyan oil concession. Shares of Calgary-based Verenex surged $1.75, or 22 per cent, to $9.55 on the Toronto Stock Exchange. REUTERS

Canada

U.S. wins lumber dispute

An international tribunal has ruled for the United States in a dispute with Canada over a softwood lumber deal struck in 2006, the U.S. Trade Representative's office said Thursday. The decision requires Canada to fix its breach in the agreement within 30 days, the U.S. Trade representative said in a statement. REUTERS

Cracking down on organized crime

LEGISLATION The federal government, responding to a surge in gang violence, introduced draft legislation on Thursday to crack down harder on organized crime.

Any gang-related homicide would be subject to a first-degree murder charge, a crime that carries a mandatory sentence of life imprisonment without eligibility for parole for 25 years. REUTERS

News in brief

MISTAKE RCMP admitted on Thursday that it had been slow to start looking for a pair of lost skiers, one of whom died after the couple spent more than a week wandering in the Rocky Mountains. Police ignored the first two reports of distress signals left by the skiers. REUTERS

Libraries recession-friendly

JENNIFER HILLIKER
for Metro Calgary

For an annual fee of just $12, Calgarian Anne Stefanyshyn and her two daughters have limitless amounts of entertainment.

At least once a week they visit the Fish Creek Public Library in south Calgary. Stefanyshyn's three-year-old daughter, Rayna, takes part in a 45-minute story-time session that's at maximum registration, while Stefanyshyn reads to her other daughter.

"We get so, so much value out of the library," she said. "I just buy a library card so she (Rayna) can come to story time. It's so worth it."

ROBIN KUNSKI/FOR METRO CALGARY

Jean Ludlam, manager of youth services for Calgary Public Library, holds a story time at one of the city's libraries. Libraries are a low-cost alternative for education and entertainment.

Last year, the Calgary Public Library boasted record usage, with more than 15 million books, CDs and DVDs borrowed. This is up 1.1 million from 2007, and Gerry Meek, library director, attributes it to the recession.

Riding the Recession

Heather MacKenzie, branch manager at the Alderney Gate library in Dartmouth, N.S., a Halifax suburb, says library use was steadily increasing in the Halifax area even before the recession.

Now, she says, financial-planning workshops are proving more popular, and books on budgeting are "flying off the displays."

She expects the library's English as a second language, literacy tutoring, and job-search workshops to be more popular in tough economic times, too.

While cities like Calgary charge a fee for library access, other cities across the country have access for free — but change may be afoot.

Halifax city staff recently warned council that the budget is going to be tight this year, with cuts to services and tax hikes likely coming. Still, MacKenzie said the library has always had enough city funding that it doesn't need to charge for its services. The library doesn't charge a fee to get a library card, either.

"Looking at our community, we want to be as accessible as we possibly can. We've never needed to go down that road, and I'm certain we'd never want to."

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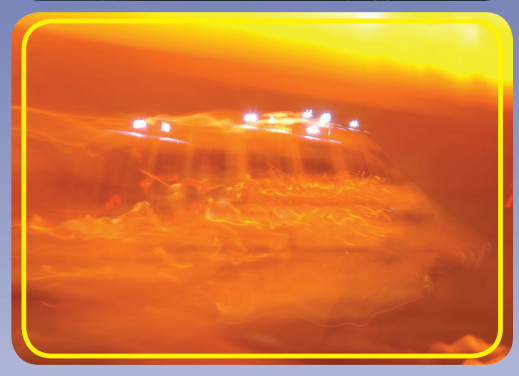
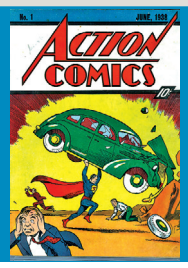


Antibody fights flu
An antibody being developed by a Dutch drug company chokes off both seasonal flu and the H5N1 avian flu virus, researchers reported yesterday. REUTERS

World



Superman comic up for auction

A rare copy of the first Superman comic will be put up for auction online today and bids could soar as high as the "man of steel," experts say. Action Comics No. 1, published in June 1938, is considered by collectible experts to be the world's most valuable comic book and is valued at about $126,000 US.

REUTERS

French PM seeks order on island

CARIBBEAN French Prime Minister Francois Fillon said yesterday security forces would maintain order on the Caribbean island of Martinique after youths clashed with police overnight in a protest over economic conditions. The unrest on Martinique has spread from the neighbouring island of Guadeloupe. REUTERS

News in brief

INTERNET Facebook Inc. is asking its members to help shape its governance policies after drawing ire for a policy change that many perceived as being overbearing and potentially compromising privacy. From now on, the social networking site will be guided by principles that reflect transparency, Facebook said yesterday. REUTERS

Mexico City **Bullfight protest**

JORGE DAN LOPEZ/REUTERS

An activist holds a sign reading "No More Bullfighting!" while others pretend to be stabbed by baderillas during a protest against bullfighting at Mexico City's main square Thursday.

Drug war rages

Troops hit border towns to target gangs

Mexico is sending up to 5,000 new troops and federal police to the country's most violent city, where law and order is on the brink of collapse in a brutal war between drug gangs aided by corrupt police.

The army said yesterday the new deployment could take the number of soldiers and federal police to more than 7,000 in Ciudad Juarez, across the border from El Paso, Texas. This month drug hitmen killed 250 people in Juarez, where a meeting of cabinet members Wednesday was rattled by bomb scares.

"In yesterday's meeting (government officials) talked about sending 5,000 troops and police to Ciudad Juarez," said army spokesman Enrique Torres. "They are expected to arrive in the next few weeks."

President Felipe Calderon has sent out some 45,000 troops across Mexico to try and crush gangs but clashes between rival cartels and security forces killed around 6,000 last year. REUTERS

Obama predicts $1.75-trillion deficit

ECONOMY U.S. President Barack Obama forecast the biggest U.S. deficit since the Second World War in a budget yesterday that urges a costly overhaul of the health-care system and would spend billions to arrest the economy's freefall.

An eye-popping $1.75-trillion US deficit for the 2009 fiscal year grabbed attention as the Democratic president unveiled his first budget. That amounts to a 12.3-per cent share of the economy — the largest since 1945. In 2010 the deficit would dip to a still-huge $1.17 trillion.

The Republican opposition in Congress was quick to condemn the budget plan. REUTERS

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Israeli girl a 14-year-old divorcee

A 17-year-old boy recently declared a 14-year-old girl his wife, reciting a Jewish ritual vow, in Israel. The couple was granted a divorce this week. REUTERS

Tracks of history

Footprints show ancestor walked like us

Footprints found in Kenya that resemble those left in wet sand by beachgoers today show that 1.5 million years ago, a human ancestor walked like we do with anatomically modern feet, scientists said yesterday.

The remains of the footprints found in sedimentary rock near Ileret in northern Kenya most likely were left by a human ancestor called Homo erectus, also known as Homo ergaster, an international team of scientists wrote in the journal Science.

The scientists found a series of footprints, including one apparently left by a child, left by individuals walking on a muddy river bank. Judging from stride length, they estimated the individuals were about five foot nine in height.

"It was kind of creepy excavating these things to see, all of a sudden, something that looks so dramatically like something that you yourself could have made 20 minutes earlier in some kind of wet sediment just next to the site," said archaeologist David Braun of the University of Cape Town in South Africa, who was one of the researchers.

"These could quite easily have been made on the beach today," Braun added.

The footprints show that the individuals had a big toe parallel to the other toes, unlike that of other apes where it is separated in a grasping configuration useful in the trees. REUTERS

Human evolution

- Our species, Homo sapiens, first appeared 200,000 years ago. But the find shows at least as far back as 1.5 million years ago, the human lineage walked with a modern stride, researchers said.

News in brief

MEDICINE A drug being developed by Acorda Therapeutics Inc. helps some people with multiple sclerosis walk better, U.S. researchers said Thursday. Thirty-five per cent of MS patients who previously had difficulty were able to improve their walking speed after taking fampridine. REUTERS

Argentina blasts CIA chief

POLITICS Argentina Thursday blasted the head of the U.S. Central Intelligence Agency for saying the country, along with Ecuador and Venezuela, could be pushed into instability by the global economic crisis.

Lumping Argentina together with Ecuador and Venezuela, both led by leftist anti-Washington firebrands, raises concern in that South American country, where centre-left President Cristina Kirchner is trying to keep the economy from stagnating. REUTERS

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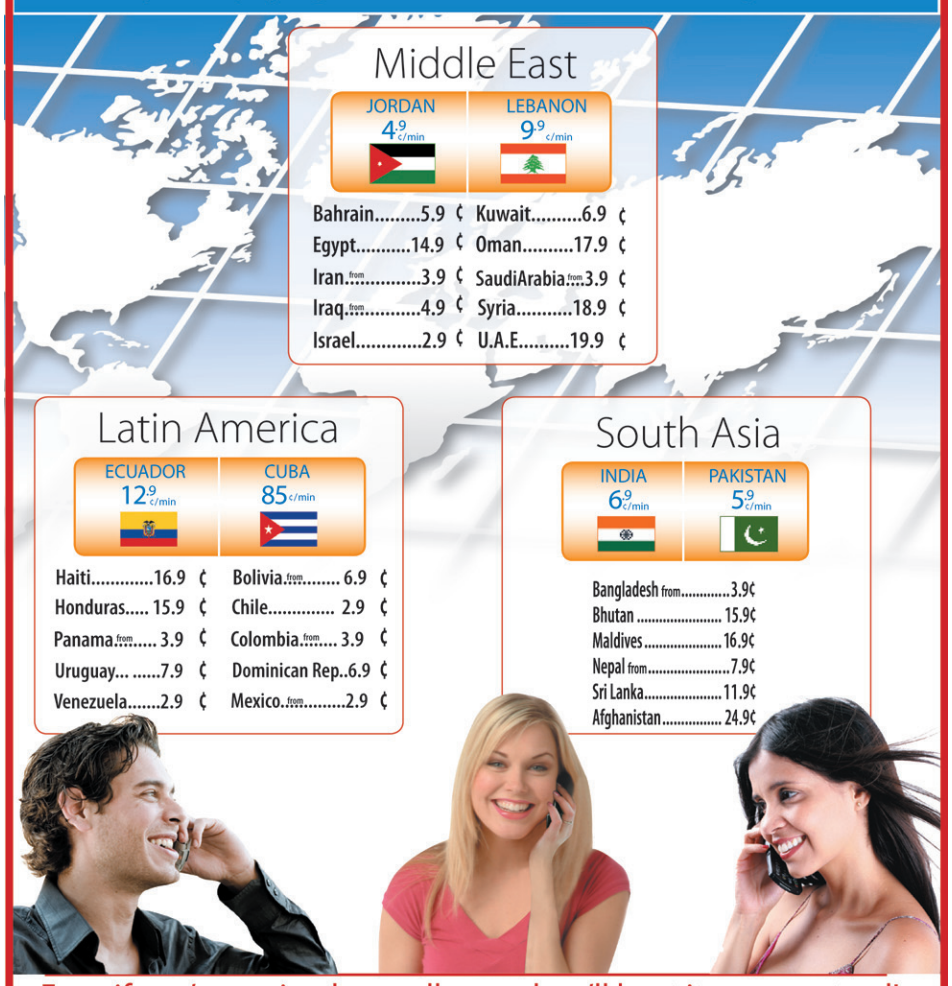

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Comment & Views

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The allure of fake guns spells trouble

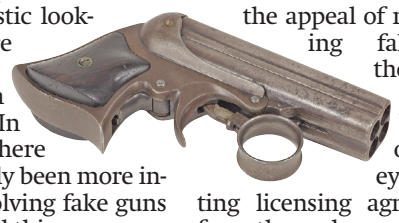
Marketplace

"Get your wallets, or I'll shoot her!" yelled the gunman, as he put his weapon to Pat Johnson's head. He'd just walked into the antique store she manages in Vancouver's swanky Shaughnessy district.

When he turned away, some colleagues tackled him to the ground, sending his weapon flying. But the gunman's arrest wasn't the end of the story. When officers picked up the gun for evidence, they learned it was an imitation — a BB gun, made to look just like the real thing.

Of course, that didn't make it any less traumatic for Johnson. "A gun's a gun," she says. "And we were all terrified."

And it seems, that's what criminals are learning, too. Police across Canada say fake guns that look real are being used in more and more crimes. They're used in carjackings, bank robberies and convenience store holdups, too.



And realistic looking guns are causing problems in schools. In Toronto, there have recently been more incidents involving fake guns than the real thing.

So what's the attraction? Well, for one, young people tell us it's fun to shoot a BB gun that looks just like a cop's. And these fakes are easy to buy. In most parts of Canada, there are no age requirements around who can buy a realistic looking gun.

Manufacturers sure know the appeal of real-looking fakes — they're making buckets of money, by getting licensing agreements from the real gun manufacturers to make theirs as real as possible.

And criminals know that it's perfectly legal to carry a real-looking gun, and no permit's required to get one.

For the cops? It all spells big trouble. When they get a "gun call," they respond as though the person — young or old — is carrying a real gun. In Canada, that's lead to unnecessary shootings and fatalities.

Over the years, numerous coroner's juries, and police at all levels have called on the federal government to tighten up the laws when it comes to these fake guns. Some cops want the imitations outright banned. Others want a "must be 18 to buy and possess" law. And others say you should have to have a license to buy a gun that looks like the real deal.

The federal government says it's looking at the issue — a "working group" was struck two years ago. While we wait for its recommendations, store manager Pat Johnson has installed tighter security at her shop, so now any "customers" have to be buzzed in.

Erica Johnson is a journalist and co-host of CBC News: Marketplace, Canada's award-winning consumer affairs show. CBC News: Marketplace airs each Friday night at 8:30 p.m. (9 p.m. NT) on CBC Television.

Views

Transit site gets a new following

UrbanCompass

Calgary Transit ridership is up, officials said Thursday. Who knows? Maybe it's because of Ricardo Hoar.

He's the Mount Royal College computer science instructor whose transit website gets thousands of hits per day. "Public transit in Calgary is actually quite good," says Hoar. "The problem is finding out information about the schedules." Last year, Hoar won the Petro Canada Young Innovator Award to study improved transit information.

Hoar, 29, doesn't own a car. And if you really must know, he doesn't even have a driver's licence. Each day, Hoar takes the C-Train and a bus from Somerset, on the southern limits. So he has about two hours a day to imagine how Calgary Transit could be better.

"If it's snowing and I'm in my office, I want to know should I go outside, is the bus coming?"

His team examined weaknesses with the Calgary Transit site. For instance, its search engine doesn't recognize cross streets very well, and the schedules don't tell you which buses have bike racks.

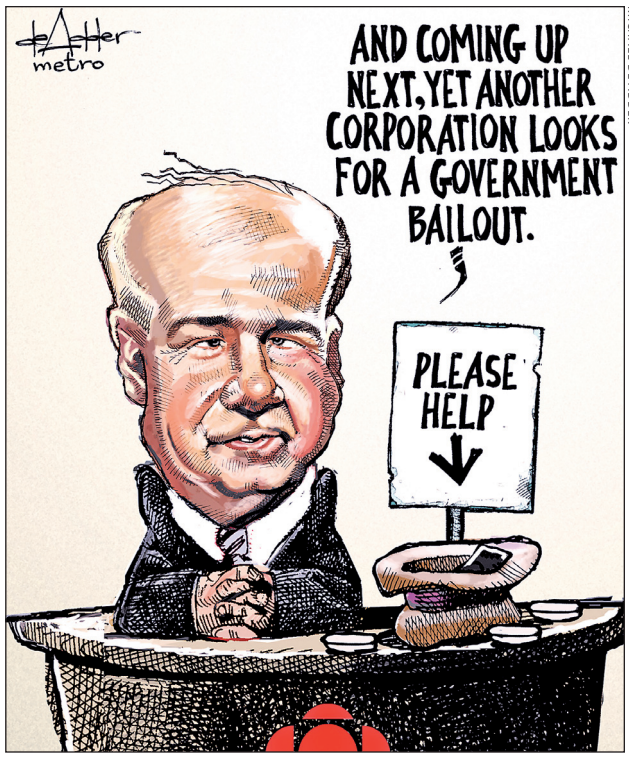
The city site also uses dashes instead of route times on schedules. Yet a dash can mean two things: A bus doesn't stop there at all, or that there's no set time for the stop and the driver will get there as soon as he can. That's just hard to figure out.

Hoar's motivation is unwavering. "I want to empower people with good transit information." His reconceived site averages 25,000 hits per day. (http://transit.mtroyal.ca)

Hoar uses Google Maps to show where buses and trains are supposed to be at any given moment. (He can't yet tell you if they are delayed — but some of his followers are advocating for a GPS system.)

The mobile version of the site is the highlight, users say. Bookmark your stop number then go to your BlackBerry or mobile browser, refresh, and see when the next train or bus is coming.

Janice Paskey teaches journalism at Mount Royal College, serves on her community association board and is proud mom to two boys.



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CBC says it may cut some services

Cash-strapped CBC said Thursday it would look at reducing some services in its new fiscal year, starting April 1, including "downgrading" or selling some TV or radio services. The CBC says it is facing an advertising revenue shortfall of up to $65 million. REUTERS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Business in brief

PUBLISHING Torstar Corp. shares sank almost 10 per cent Thursday as it posted a quarterly loss of $211.2 million and said its chief executive was stepping down. The company is a partner in six of Canada's seven Metro newspapers.

DRUGS Biovail Corp. reported quarterly results that topped expectations Thursday and said it is considering a move by founder Eugene Melnyk to nominate new board members and change some corporate governance provisions.

SECURITY The budget proposed by President Barack Obama includes substantial funding aimed at improving the security of U.S. private and public computer networks, fuelling a growing market for U.S. defence and information technology contractors. REUTERS

ADAM IHSE/REUTERS

Demonstrators in Trollhaattan, Sweden, protest against the threat of job cuts at the SAAB factory, a unit of General Motors.

GM posts $31B loss for 2008

AUTOS General Motors Corp. posted a loss of nearly $31 billion US Thursday for 2008 and said its auditors were likely to cast doubt on its viability as it seeks an expanded federal bailout to stay afloat.

Revenue plunged by more than a third to $30.8 billion. The automaker burned through more than $5 billion in the fourth quarter and ended the year with $14 billion in cash, including the first $4 billion in loans it received from the U.S. Treasury. REUTERS

Banks beat Q1 forecasts

Shares rally on results for RBC, CIBC, National Bank

Three of Canada's largest banks reported quarterly profits Thursday that were hit hard by market-related charges, but their shares rallied as underlying results excluding one-time items beat street expectations.

Royal Bank of Canada, the country's biggest lender, posted a 15 per cent drop in quarterly profit as writedowns related to seized-up credit markets and other items cut earnings by $646 million.

Canadian Imperial Bank of Commerce said it returned to profit in its first quarter, even as it was hit by $1.36 a share in losses, including a $708-million loss tied to structured credit activities.

National Bank of Canada said its first-quarter profit fell 73 per cent as it took charges of $184 million related to the asset-backed commercial paper market, another victim of the global credit crunch.

Toronto-Dominion Bank kicked off Canada's bank reporting season Wednesday with stronger-than-expected results that boosted its stock and shares of other banks.

Shares of Thursday's three reporting banks rallied, with Royal rising 4.8 per cent to $31.43. CIBC rose 3.9 per cent to $44.97 and National Bank rose 6.4 per cent to $36.56. As a result, the bank-heavy financials index on the Toronto Stock Exchange rose more than five per cent. REUTERS

Executive pay

- National Bank of Canada, RBC and CIBC have agreed to give shareholders a say in determining what top executives get paid, a move that comes amid growing global anger about big pay for bankers.

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An Open Letter From Donald Trump To All Calgary Area Residents Who Want To Get Rich In Real Estate & Business!

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Executive Producer, The Apprentice, NBC • Chairman, Trump Institute

Dear Calgary Area Resident,

Have you seen my TV show, *The Apprentice*? It's been one of the top rated shows on NBC for eight consecutive seasons!

Not only that, it has made me a media phenomenon and forever changed my life.

And now, at the age of 60, I've decided to make a bold move to share my knowledge and experience in such a way that it could be a great advantage to you.

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The best kind of advantage; the kind of advantage that could make you money and make you rich.

If you are seriously interested in hearing what I have to say about being successful, about making money and about getting rich, please read every word of this letter carefully. It contains an invitation for you to discover what has taken me the better part of my life to learn and put into action.

Please let me explain.

Before *The Apprentice,* I was famous for building the world's largest and most beautiful buildings, golf courses and casinos, and for being a marketing whiz when it comes to succeeding in business. Everywhere I went people treated me like royalty and I was generally considered a big shot.

Everything Has Changed!

Because of *The Apprentice,* everything has changed. I have truly become a household word, globally. Everywhere I go people say something to me. Sometimes they say, "Trump, you're fired!" Or, "You're hired!" But always, they greet me with respect, humor and friendship. It's like they know me personally.

I love that!

With this monumental fame there comes a great responsibility (and an enormous opportunity) to make a huge contribution to the North American economy.

Something Extraordinary For You!

Since the amazing success of *The Apprentice,* I have been wondering what to do with this new power of worldwide fame. Recently I got the idea to do something truly extraordinary and totally outside of the box.

What I've decided is that I want to train and educate the next generation of real estate moguls and business entrepreneurs. Why?

There are two very good reasons:

Reason #1:

America's been very good to me and my family and this is a great way I can give back to the country and help stimulate real economic growth.

Reason #2:

I believe that what I have to share will create so much success for my students, that I will leave a legacy as being the father of modern real estate acquisition and entrepreneurial success.

You see, one thing you should know about me is that more than anything, I want to be known as a great businessman, maybe even the greatest!

That's why I have created Trump Institute.

Want To Know How I Do It?

Would you like to know how I buy and sell real estate? How I pick properties for huge profits and high yield equity gains?

Would you like to know what I look for when buying a business or starting a new business? If so, I'm inviting you to come to a special seminar introducing Trump Institute. At this seminar you'll see first hand the type of education I am offering.

Who Should Attend?

If you're asking yourself, "could this be the moment that changes everything for me?" All I can say is, you'll never know unless you try.

Your Success Depends On You!

Ultimately, your success depends on you, and with my help, you can get an education and an advantage that has not only proven to work for me, but it has also worked for many of the world's richest men and women.

You see, in my quest to be the best, I have sought the advice and guidance from people who have also experienced mega-billionaire success. I have incorporated their techniques and experiences into my own personal treasure chest of successful business and real estate knowledge, strategies, and wisdom.

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I also have an incredible team of business entrepreneurs and real estate mavens (very talented experts), who deliver my material and my lessons.

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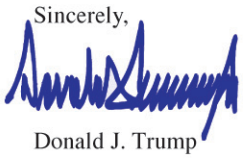

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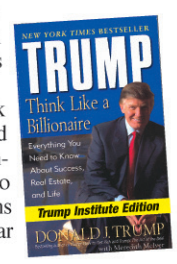

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www.trumpwn.com

Brady marries Brazilian girlfriend
Brazilian model Gisele Bundchen, left, married National Football League star Tom Brady in a Los Angeles suburb Thursday, Us Weekly reported. Bundchen, 28, has been dating the 31-year-old New England Patriots quarterback since 2006. **REUTERS**

Sports

"I'm Madonna's fan. I was hoping she'd show up."

U.S. World Baseball Classic manager Davey Johnson, on how he hoped Alex Rodriguez would play for the U.S. rather than the Dominican Republic in the upcoming tournament. On Thursday, Rodriguez was told by the New York Yankees to keep his cousin Yuri Sucart away from ballparks. Rodriguez previously identified Sucart as the cousin who provided him with performance-enhancing drugs. After Wednesday's Grapefruit League game against Toronto, Sucart was seen picking up Rodriguez from Dunedin Stadium in an SUV. METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

Sports in brief

MLB North Vancouver, B.C., native Scott Richmond pitched two shutout innings in a 6-2 win over the Philadelphia Phillies in Clearwater, Fla., Thursday, helping earn the Toronto Blue Jays their first Grapefruit League win of the spring.

NHL The Montreal Canadiens acquired defenceman Doug Janik Thursday from the Dallas Stars in exchange for forward Steve Begin. Janik has spent the majority of the season in the AHL.

NHL The Pittsburgh Penguins traded defenceman Ryan Whitney to Anaheim Thursday for forward Chris Kunitz and prospect Eric Tangradi. **METRO NEWS SERVICES**

On the web

• For more sports coverage, visit us online at www.metronews.ca/sports

Crossing the age barrier

ANDREA WOO
for Metro Canada

Aleisha Cline's response to the question of how she juggles being both a mother to two small children and an Olympic athlete isn't too surprising.

"Oh God," said the Calgary-born, Kelowna-raised ski cross champion with a laugh. "That's not easy. (I get) a lot of support from the family, because there's no way that I could do it otherwise."

"Most women out there think, 'Oh my god, I have two kids. My life is over'"
Aleisha Cline

Cline, who currently lives in Whistler with her husband and children, has inspired many by not only balancing the two, but by doing so at 38. In comparison, her youngest teammates on the Canadian ski cross team are only 19.

"Hopefully I can be an inspiration and a role model to other women my age with a couple of kids," she said. "Most women out there think, 'Oh my god, I have two kids. My life is over.'"

Cline has four gold medals, and one silver, from the X Games.

On Feb. 6, she added another gold medal to her collection after coming in first at the World Cup competition at Cypress Mountain in West Vancouver, winning all of her four races while hometown friends cheered her on.

38-year old Aleisha Cline will compete in the 2010 Games.

Online

• Keep up with Aleisha's season and progress on her blog at aleishacline.com.

Having acquired a taste for the precious yellow metal, she hopes to chomp her teeth into it once again at the 2010 Winter Games, when ski cross will be an Olympic sport for the first time.

"It's so neat to be able to ski and race and show my friends and family what I do when I'm gone," she said.

"You can send emails and photos and tell them about the course, but you really don't get a good feel of it until you get to see it."

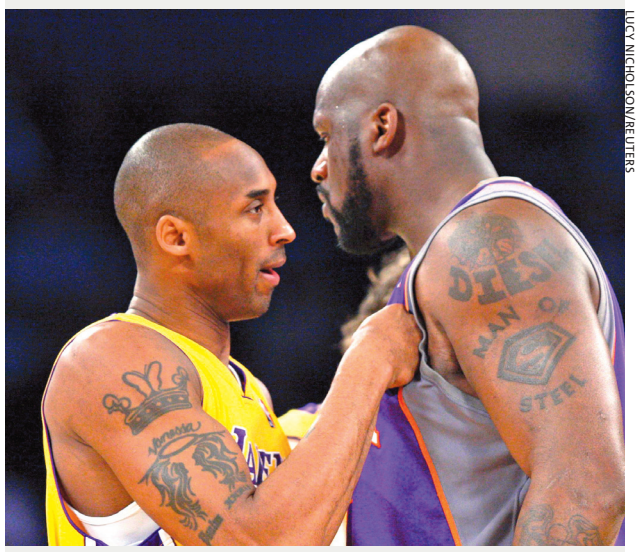
Crunch time at Scotties

CURLING Reigning Canadian and world champion Jennifer Jones of was at risk of elimination in Thursday's late draw at the Scotties Tournament of Hearts in Victoria. Jones was playing B.C.'s Marla Mallett, who had already clinched first place with an 8-1 record, in a near must-win matchup. Jones, 6-4, was tied for third with Alberta's Cheryl Bernard and Saskatchewan's Stefanie Lawton.
For a recap, visit metronews.ca/sports.

Sports in brief

GOLF A day after his hotly anticipated return to the PGA Tour, Tiger Woods made a premature exit from the WGC-Accenture Match Play Championship after being upset 4&2 by South African Tim Clark on Thursday. **REUTERS**

NBA Friendly greeting



LUCY NICHOLSON/REUTERS

Los Angeles Lakers guard Kobe Bryant, left, greets his former teammate, Phoenix Suns centre Shaquille O'Neal, before their game in Los Angeles Thursday.

Ski & Snowboard Hill Conditions

AS OF THURSDAY, FEB. 26

SUNSHINE 11 cm new snow, 178 cm base with 12 lifts and 103 runs open
LAKE LOUISE 8 cm new snow, 187 cm base at top with 9 lifts and 125 of 139 runs open
MOUNT NORQUAY 35 cm new snow, 85 cm base at top with all lifts and all runs open
CASTLE MOUNTAIN 10 cm new snow, Mid mountain base: 150 cm; 50 runs are open
KICKING HORSE 10 cm new snow, 165 cm base, 100% of terrain open, 4 lifts running
CANADA OLYMPIC PARK No new snow, 70 cm base, 100% of terrain and all lifts open
NAKISKA 13 cm new snow, 105 cm base at top, 5 of 6 lifts open, 28 runs open

SCOREBOARD

NHL

WESTERN CONFERENCE

	W	L	OT	P
d-San Jose	42	9	9	93
d-Detroit	40	13	8	88
d-CALGARY	36	18	6	78
Chicago	34	17	8	76
Vancouver	30	22	8	68
Columbus	31	25	6	68
Minnesota	30	24	5	65
Dallas	29	24	7	65
Edmonton	30	26	5	65
Anaheim	30	28	5	65
Nashville	30	28	4	64
St. Louis	27	26	8	62
Los Angeles	26	25	9	61
Phoenix	27	30	5	59
Colorado	28	33	1	57

d-division leader

THURSDAY'S RESULTS
Columbus 1 Edmonton 0
San Jose 2 Ottawa 1
Toronto 5 N.Y. Islanders 4 (SO)
Boston 6 Anaheim 0
Carolina 2 Buffalo 1 (SO)
Florida 2 N.Y. Rangers 1
Nashville 4 Phoenix 1
New Jersey 4 Colorado 0
St. Louis 3 Dallas 1
Washington 4 Atlanta 3

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Visit metronews.ca/movies to get showtimes, watch trailers and read reviews.

Movies&Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies

The unknown Watchmen Pg 17

When it came to filling the boots of The Watchmen's various superheroes, director Zack Snyder took some potentially commercially ruinous risks — casting a lot of actors that are relatively unknown to Hollywood's big blockbuster films.

movies Pg 16

Jonas Brothers 3-D flick strictly for little tween girls.

music Pg 20

Grammy-nominated Sara Bareilles shares her Voice.

television Pg 21

Tom Green promises a wild Celebrity Apprentice season.

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Total Recall remake planned

Columbia Pictures has announced plans to remake Total Recall. The studio is set to team up with producer Neal Moritz's Original Films to remake the Arnold Schwarzenegger sci-fi actioner ... despite the fact that it's just 19 years old. **IMDB.COM**

Movies

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Jonas Brothers strictly for tweens

Jonas Brothers: **The 3-D Concert Experience**

Director: Bruce Hendricks
Stars: Joe Jonas. Nick Jonas
Classification: G
Rating:

STEVE GOW
for Metro Canada

Do you know that TV ad where a thirtysomething guy is asked if he wants to experience something "youthful"?

You know the one — suddenly the slackjawed chap slips into some surreal flashback set to bad pop music only to snap out of it and pronounce he'll stick with his Diet Pepsi. Well, unless you're a 12-year-old girl, watching Jonas Brothers: The 3-D Concert Experience is a bit like that.

Even at 76 minutes, this concert film starring today's hottest Disney-mined pop act is a pretty laboured sit for anyone who doesn't appreciate the unbridled adulation of youthful screaming in their ears or bland, indistinctive pop songs that blend into each other like soft cheese melting in a fondue pot.

Directed by Bruce Hendricks (who successfully put the same treatment on a Miley Cyrus concert last year), this film mixes the boys' stage performance (who are more interesting when they're practising gymnastics on stage than performing music) with random backstage antics — which seem almost as choreographed as the cookie-cutter concert.

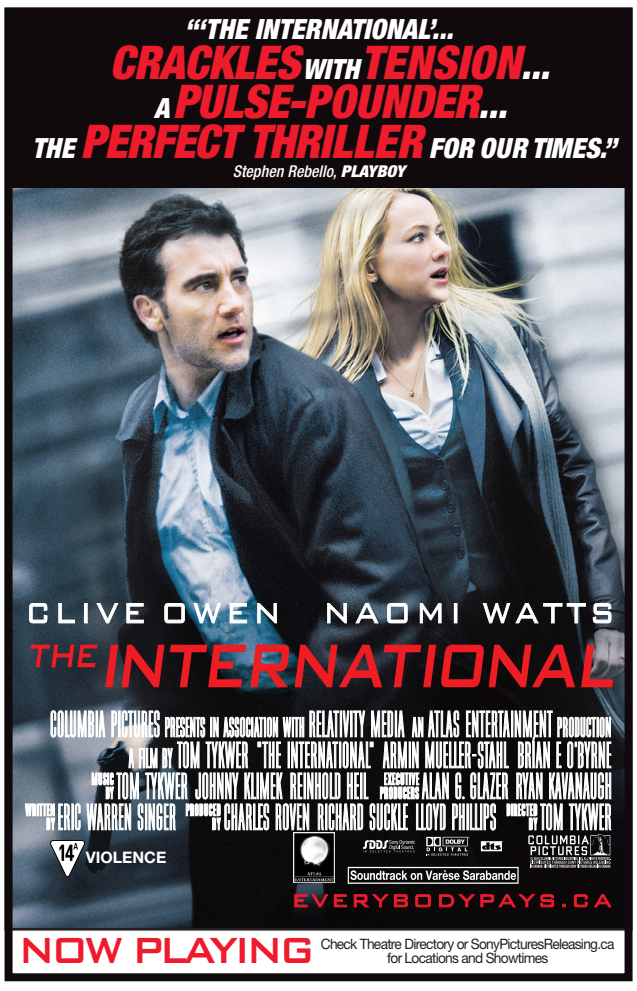
Even the 3-D isn't used as effectively as it could be. Sure, every so often a guitar pick is thrown in your face but even that had to be enhanced by computer effects.

Then again, it doesn't really matter what I say — this movie wasn't made for me. It's for the thousands of energetic tweens that plaster their bedroom walls with Joe Jonas posters. For those girls, the trio's non-threatening stage swagger and duets with fellow teen idols Demi Lovato and Taylor Swift will be completely gratifying.

As for accompanying parents, well, I say enjoy it too. In about two more years, that little darling might be listening to Marilyn Manson.

On the web

- Visit metronews.ca/movies for images from Jonas Brothers: The 3-D Concert Experience and for screen times.



The evolution of video game films

InFocus

Richard Crouse

mrchaos33@hotmail.com

If someone told my 13-year-old self that Hollywood was going to make a film out of my favourite video game I would have been perplexed. I loved Pong, but couldn't imagine that it would make an exciting movie. Tetris maybe, but not Pong.

Times and technology certainly have changed. The prehistoric blips of light that characterized the video games I played have been replaced by games with storylines and three-dimensional characters. With improved quality came a proliferation of game movies like this weekend's Street Fighter: The Legend of Chun-Li.

Video game movies get a bad rap but not all of them are, as one critic said, "as bad as getting your eyelid caught on a nail."

The first video game movie was 1982's TRON, about a hacker abducted into computer world. While it wasn't directly inspired by a game storyline, the idea came when director Steve Lisberger played my beloved Pong.

"There were these techniques that would be very suitable for bringing video games and computer visuals to the screen," he said. "And that was the moment the whole concept flashed across my mind."

Since then dozens of games have made the leap to the big screen. Mortal Kombat — about three martial artists whose skills will decide the fate of the world — topped the box office for three weeks, features lots of great cheesy dialogue, and has some good fight scenes.

Konami's Silent Hill game was transformed into an effective shockfest. The script kept the game's survival theme and added a story of a woman's somnambulistic daughter who's lost in the ghost town of Silent Hill. Roger Ebert said its surreal imagery looks "more like an experimental art film than a horror film," but the result is a strangely unsettling thriller.

Hardcore gamers will already have seen these, but more are on the way: 28 Days Later scribe Alex Garland is at work on Halo, and Tom Clancy is adapting Splinter Cell.

Now if only we could pair my favourite filmmaker with my other favourite video game. Imagine: Martin Scorsese's Tetris!

Richard Crouse's Movie Show can be seen every Sunday at 6:30 pm on the E! Channel.

On the web

- Visit metronews.ca/movies for a trailer and screen times for Street Fighter: The Legend of Chun-Li — and read the review on Monday.

Blanchett joins Robin Hood
Cate Blanchett is to play Maid Marian opposite Russell Crowe's Robin Hood in a new movie about the medieval hero. The Curious Case of Benjamin Button star will replace Sienna Miller in the epic, which will be directed by Ridley Scott. **FEMALEFIRST.CO.UK**

Movies

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Graphic novel Watchmen's reluctant superheroes come to life on the silver screen next Friday.

Behind the masks

Watchmen avoids the big names

Movie **feature**

CHRIS ALEXANDER
for Metro Canada

Big names like Tom Cruise had been long bandied about, but that level of baggage-bringing star power didn't sit well with the controversial director (Zack Snyder).

When it came time to fill the platform boots of Watchmen's various morally ambiguous superheroes, director Zack Snyder took some potentially commercially ruinous risks.

Big names like Tom Cruise had been long bandied about, but that level of baggage-bringing star power didn't sit well with the controversial filmmaker, so instead, he opted to cast a slew of critically celebrated but lesser known artists.

This meant bringing actors to the fold who weren't known for donning latex tights and navigating tricky special effects; people like Billy Crudup (Almost Famous), Oscar-nominated former child star Jackie Earle Haley (Little Children), Matthew Goode (Match Point), Patrick Wilson (Hard Candy) and Malin Akerman (The Heartbreak Kid).

Not exactly the roster you expect for a comic book film — it opens next Friday — but then again, dismissing Alan Moore's revered graphic novel as just a comic book is like calling Crime and Punishment a thriller.

"None of us wanted to veer too far away from the source material, because it's perfect as it was," says Akerman, who plays the central role of Laurie, a.k.a. Silk Spectre II.

"But by the same token it was frustrating as an actor when you had an idea of how the character would react to a situation only to learn that in the book it was something completely different, so you were chained to that."

The more or less faithfully adapted film sees a battered, bizarre version of mid-'80s America, still in the grip of the Cold War and littered with masked vigilantes whose personal and social problems leak out into their crime fighting work.

"These are people who are convinced they are doing the right thing," says Haley, who plays the film's most unbalanced character, the mask-and-fedora wearing Rorschach. "Rorschach is a product of his childhood, his upbringing and even though he's psychotic, he's not a bad person."

One of the pivotal figures in Watchmen is the not-quite-human Dr. Manhattan, a former scientist who gets disintegrated in a lab mishap only to re-particalize as a blue tinted, physically anamorphous superman.

And while that description doesn't seem much like the handsome, unassuming Billy Crudup, with the aid of special effects, he had little trouble filling Manhattan's supernatural shoes. "I've had people ask me how much of the performance is me," says the actor of his digitally tweaked turn.

"It was basically all mine. Sure, there was this puppet version of me in the computer, an exact replica of me that's a different hue, but I was wired to it and had complete control of every facial tick and physical nuance."

But while Haley may focus on the less negative psychological aspects of the Watchmen, co-star Jeffrey Dean Morgan, who plays the effortlessly homicidal Comedian, has a different take.

"If these guys weren't on the streets trying to save people, they'd all be in prison ... or worse," Morgan says.

Cineplex | Empire | Landmark | Independent

Screen Times

This week's new releases are highlighted in pink.

THIS PAGE COVERS MOVIE START TIMES FROM FRI., FEB. 27 TO THURS., MARCH 5. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

CANYON MEADOWS
Bay 110 13226 Macleod Trail, 403-670-5444

Australia (PG) Fri-Thu 4:30-8:20
Bedtime Stories (G) Fri-Thu 1:10-3:40-7
Bolt (G) Fri-Thu 1:25-4:10-7:20
Defiance (14A) Fri-Thu 12:50-3:55
Frost/Nixon (PG) Fri-Thu 9:30
Inkheart (PG) Fri-Thu 1:45-4:20
Last Chance Harvey (PG) Fri-Thu 12:55-3:25-7:20-9:35
Marley & Me (PG) Fri-Thu 1:30-4:05-7:10-9:40
New in Town (PG) Fri-Thu 1:20
Quantum of Solace (14A) Fri-Thu 9:35
Rachel Getting Married (STC) Fri-Thu 7:05-9:45
Seven Pounds (14A) Fri-Thu 6:45-9:30
The Tale of Despereaux (G) Fri-Thu 1:35-4:15-7:15
The Uninvited (14A) Fri-Thu 1:15-3:45-6:55-9:35
Yes Man (14A) Fri-Thu 1:20-4-6:45-9:45

CROWFOOT CROSSING
91 Crowfoot Terrace, 403-547-3316

Confessions of a Shopaholic (PG) Fri-Thu 1:10-3:40-6:55-9:25
Coraline (PG) Fri-Thu 12:25-3:35-6:50-9:20
Fired Up (14A) Fri-Thu 1:25-4:15-6:40-9:40
Gran Torino (14A) Fri-Thu 12:40-3:45-7-10:05
He's Just Not That Into You (PG) Fri-Thu 1-3:55-7:05-10:10
The International (14A) Fri-Thu 12:50-3:50-7:40-10:25
Jonas Brothers: The 3D Concert Experience in Disney Digital 3D (G) No Passes Fri-Thu 12:30-2:45-5-7:15-9:30
Paul Blart: Mall Cop (PG) Fri-Tue 12:45-3:30-7:20-9:45 Wed 3:30-7:20-9:45 Thu 12:45-3:30-7:20-9:45 Star & Strollers Screening Wed 1
The Pink Panther 2 (PG) Fri-Thu 1:20-4:10-7:30-9:50
Slumdog Millionaire (14A) Fri-Thu 12:20-4-7:10-10
Street Fighter: The Legend of Chun-Li (14A) No Passes Fri-Thu 1:40-4:30-7:50-10:20
Taken (14A) Fri-Tue 1:30-4:20-7:25-10:15 Wed 4:20-7:25-10:15 Thu 1:30-4:20-7:25-10:15 Star & Strollers Screening Wed 1

EAU CLAIRE MARKET
200 Barlay Parade, 403-263-3166

Confessions of a Shopaholic (PG) Fri 6:50-9:40 Sat-Sun 12-3-6:50-9:40 Mon-Tue 6:50-9:40 Wed 9:40 Thu 6:50-9:40
Gran Torino (14A) Fri 7-9:50 Sat-Sun 12:30-3:30-7-9:50 Mon-Thu 7-9:50
He's Just Not That Into You (PG) Fri 6:30-9:30 Sat-Sun 12:10-3:10-6:30-9:30 Mon-Thu 6:30-9:30
The Reader (18A) Fri 6:40-9:20 Sat-Sun 12:40-3:40-6:40-9:20 Mon-Thu 6:40-9:20
Slumdog Millionaire (14A) Fri 7:10-10 Sat-Sun 12:20-3:20-7:10-10 Mon-Thu 7:10-10
The Wrestler (14A) Fri 7:15-10:05 Sat-Sun 12:45-3:45-7:15-10:05 Mon-Thu 7:15-10:05

EMPIRE STUDIO 16 COUNTRY HILLS
388 Country Hills Blvd., 403-686-8491

Confessions of a Shopaholic (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:30-3:15-7:20-9:55
Coraline (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:10-3:05-6:30-9:15
Fired Up (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:15-3:50-6:40-9:30
Friday the 13th (18A) SR Dolby Digital, Stadium Seating Fri-Thu 1:50-4:25-7:45-10:10
Gran Torino (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:10-4-6:50-9:40
He's Just Not That Into You (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:10-4:20-7:10-10:05
Hotel for Dogs (G) SR Dolby Digital, Stadium Seating Fri-Thu 12-3:10
The International (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:20-4:10-7:25-10:15
Jonas Brothers: The 3D Concert Experience in Disney Digital 3D (G) No Passes, SR Dolby Digital, Stadium Seating Fri-Thu 12:30-2:30-4:30-7-9:20
Milk (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1-3:55-6:55-10
Paul Blart: Mall Cop (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:15-2:55-6:45-9:25
The Pink Panther 2 (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:20-3:25-7:15-9:50
Push (14A) SR Dolby Digital, Stadium Seating Fri-Wed 12:45-3:30-7:25-10:05 SR Dolby Digital, Stadium Seating Thu 12:45-3:30-10:05
Slumdog Millionaire (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:30-4:15-7:05-9:35
Street Fighter: The Legend of Chun-Li (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:15-3:40-7:50-10:15
Taken (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:40-3:20-7:30-9:50
Underworld: Rise of the Lycans (18A) SR Dolby Digital, Stadium Seating Fri-Thu 7:40-10:15
Watchmen (18A) No Passes, SR Dolby Digital, Stadium Seating Thu 11:59

EMPIRE STUDIO 10 MACLEOD TRAIL
100-16061 MacLeod Trail, 403-974-0470

Confessions of a Shopaholic (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:15-3:50-7-9:40
Coraline (PG) DTS Digital, Stadium Seating Fri-Thu 1:30-4-6:30-9:10
Friday the 13th (18A) DTS Digital, Stadium Seating Fri-Thu 7:20-10:10
Gran Torino (14A) SR Dolby Digital, Stadium Seating Fri-Tue 6:40-9:35 SR Dolby Digital, Stadium Seating Wed 9:35 SR Dolby Digital, Stadium Seating Thu 6:40-9:35
He's Just Not That Into You (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:15-3:20-6:45-9:45
Hotel for Dogs (G) SR Dolby Digital, Stadium Seating Fri-Thu 1-3:40
The International (14A) DTS Digital, Stadium Seating Fri 12:45-4:10-7:05-9:55 DTS Digital, Stadium Seating Sat 4:10-7:05-9:55 DTS Digital, Stadium Seating Sun-Thu 12:45-4:10-7:05-9:55
Jonas Brothers: The 3D Concert Experience in Disney Digital 3D (G) DTS Digital, Stadium Seating Fri-Thu 12-2:15-4:30-7:15-9:20
Opus Arte: Manon (Ballet) (STC) Sat 1
Paul Blart: Mall Cop (PG) SR Dolby Digital, Stadium Seating Fri-Tue 2-4:20-7:10-9:30 SR Dolby Digital, Stadium Seating Wed 2-4:20-7:10 SR Dolby Digital, Stadium Seating Thu 2-4:20-7:10-9:30
The Pink Panther 2 (PG) DTS Digital, Stadium Seating Fri-Thu 1:40-4:15
Slumdog Millionaire (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:30-3:30-6:50-9:50
Taken (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:50-4:40-7:30-10

GLOBE CINEMA
617-8 Avenue, 403-262-3308

The Curious Case of Benjamin Button (PG) Fri 7:15 Sat-Sun 1:30-7:15 Mon-Thu 7:15
Stone of Destiny (PG) Fri 7-9:15 Sat-Sun 1-3:15-7-9:15 Mon-Thu 7-9:15

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MOVIEDOME
1039 999 36 St., 403-248-2000

Bedtime Stories (G) Fri-Thu 12:45-3:45-6:45-9:50
Bolt (G) Fri-Thu 12:55-3:50-6:40
Delhi 6 (PG) Fri-Thu 6:30-9:15
Inkheart (PG) Fri-Thu 12:50-3:40-6:55-9:55
Madagascar: Escape 2 Africa (G) Fri-Thu 1:05-4:05
Marley & Me (PG) Fri-Thu 12:45-3:35-6:50-9:40
My Bloody Valentine (18A) Fri-Thu 10:05
New in Town (PG) Fri-Thu 1-4-7:05-10
The Tale of Despereaux (G) Fri-Thu 1:10-3:55
The Uninvited (14A) Fri-Thu 1:15-4:10-7:10-10:10
Valkyrie (PG) Fri-Thu 6:45-9:35
Yes Man (14A) Fri-Thu 12:50-3:45-7-9:45

SCOTIABANK CHINOOK
6455 MacLeod Trail, 403-212-8994

Calgary Flames vs. Ottawa Senators - Live (STC) Tue 5:30
Confessions of a Shopaholic (PG) Fri-Thu 12:45-3:45-6:50-9:30
Coraline (PG) Fri-Wed 12-2:30-5-7:35-10:15 Thu 3:30-7:05-9:35 Star & Strollers Screening Thu 1
The Curious Case of Benjamin Button (PG) Fri-Thu 8
The Day the Earth Stood Still: The IMAX Experience (PG) Fri-Wed 4:20-7-9:40 Thu 1-4-7
Fired Up (14A) Fri-Thu 12:35-3-5:20-7:45-10:30
Friday the 13th (18A) Fri-Thu 1-4:05-7:05-10:05
Gran Torino (14A) Fri-Mon 12:50-3:50-7:15-10:15 Tue 12:50-3:50-10:15 Wed-Thu 12:50-3:50-7:15-10:15
He's Just Not That Into You (PG) Fri-Thu 12:50-3:50-7:05-10:20
Hotel for Dogs (G) Fri-Thu 12:05-2:30-5:05
The International (14A) Fri-Thu 1:20-4:10-7:10-10:10
Jonas Brothers: The 3D Concert Experience in Disney Digital 3D (G) No Passes Fri-Thu 12-2-4-6-8-10
Paul Blart: Mall Cop (PG) Fri-Wed 1:15-4:20-7:20-10 Thu 1:15-4:20-10
The Pink Panther 2 (PG) Fri-Mon 12:10-2:30-4:50-7:15-9:45 Tue 12:10-2:30-7:15-9:45 Wed 12:10-2:30-4:50-7:15-9:45 Thu 12:10-2:30-4:50-7:15-9:50
Push (14A) Fri-Thu 1:15-4:05-7:20-10:30
Slumdog Millionaire (14A) Fri-Wed 1-4-7:25-10:25 Thu 10:25 Thu 1-4-7:25
Street Fighter: The Legend of Chun-Li (14A) No Passes Fri-Thu 12:10-2:35-5:05-7:35-10:20
Taken (14A) Fri-Wed 1:10-4:10-7:10-10:10 Thu 4:10-7:10-10:10 Star & Strollers Screening Thu 1
Twilight (PG) Fri-Thu 12:25-6:45
Underworld: Rise of the Lycans (18A) Fri-Thu 3:45-9:50
Watchmen (18A) No Passes Thu 12:01
Watchmen: The IMAX Experience (18A) No Passes Thu 12:01

PLAZA THEATRE
1133 Kensington Rd., 403-283-3636

The 100 Dollar Flim Festival (STC) Thu 7-9:30
Ashes of Time Redux (14A) Fri 5:15 Sat 12 Sun 12-9:15 Mon-Tue 5:15-9:15
Let the Right One In (18A) Wed 9:15
Rock Climbing With Alex Huber (STC) Sun 4
Rock Climbing With Silvia Vidal (STC) Sat 4
Welcome to the Sticks (PG) Fri 7:10-9:30 Sat 1:50-7:10-9:30 Sun 1:50-7:10 Mon-Tue 7:10 Wed 4:20-7:10 Thu 4:20

SUNRIDGE SPECTRUM
2555 32nd Street, 403-717-1200

Confessions of a Shopaholic (PG) Fri-Thu 1-3:50-7:05-9:50
Coraline (PG) Fri-Tue 12:55-3:45-6:35-9:15 Wed 3:45-6:35-9:15 Thu 12:55-3:45-6:35-9:15 Star & Strollers Screening Wed 1
Fired Up (14A) Fri-Thu 12:45-3:20-6:55-9:30
Friday the 13th (18A) Fri-Thu 12:30-3:10-7:25-10:05
He's Just Not That Into You (PG) Fri-Thu 12:25-3:30-6:50-10
The International (14A) Fri-Thu 12:40-3:35-7:20-10:15
Jag Jeondeyan de Mele (in Punjabi) (PG) Fri-Thu 12:05-3:55-7:30
Jonas Brothers: The 3D Concert Experience in Disney Digital 3D (G) No Passes Fri-Thu 12-2-4-6-8-10
Paul Blart: Mall Cop (PG) Fri-Thu 12:15-2:45-6:30-9:10
The Pink Panther 2 (PG) Fri-Thu 12:10-2:50-6:40-9:20
Push (14A) Fri-Thu 12:35-3:25-6:45-9:45
Slumdog Millionaire (14A) Fri-Thu 12:50-4:05-7:10-10:10
Street Fighter: The Legend of Chun-Li (14A) No Passes Fri-Thu 12:20-3-7:15-9:55
Taken (14A) Fri-Tue 1:05-3:40-7-9:40 Wed 3:40-7-9:40 Thu 1:05-3:40-7-9:40 Star & Strollers Screening Wed 1
Watchmen (18A) No Passes Thu 12

THE UPTOWN STAGE & SCREEN
612 8th Ave., 403-265-0120

Doubt (PG) Fri 4:50-7:10 Sat-Sun 12:10-4:50-7:10 Mon-Wed 4:50-7:10 Thu 7:10
Frost/Nixon (PG) Fri 4:40-9:15 Sat-Sun 2:15-4:40-9:15 Mon-Thu 4:40-9:15
Milk (14A) Fri 7-9:25 Sat-Sun 12-2:25-7-9:25 Mon-Wed 7-9:25 Thu 9:25

WESTHILLS 10
165 Stewart Green, 403-246-5291

Confessions of a Shopaholic (PG) Fri-Sun 12:35-3:10-7:15-9:45 Mon-Thu 5:10-7:50
The Curious Case of Benjamin Button (PG) Fri-Sun 12:20-3:40-7:50 Mon-Thu 5-8:10
Friday the 13th (18A) Fri-Sun 10:20
He's Just Not That Into You (PG) Fri-Sun 12:25-3:25-7-10:05 Mon-Thu 5:15-8
Hotel for Dogs (G) Fri-Sun 12:30-3:35-7:40 Mon-Thu 5:05-7:30
Paul Blart: Mall Cop (PG) Fri-Sun 12:40-3:20-7:05-9:20 Mon-Tue 5:20-7:40 Wed 5:20 Thu 5:20-7:40
The Pink Panther 2 (PG) Fri-Sun 1:30-4:20-7:20-9:40 Mon-Thu 6:10-8:40
The Reader (18A) Fri-Sun 1:05-3:55-7:10-10:10 Mon-Thu 6-8:50
Revolutionary Road (14A) Fri-Sun 12:55-4-6:45-9:30 Mon-Tue 5:35-8:30 Wed 8:30 Thu 5:35-8:30
Slumdog Millionaire (14A) Fri-Sun 1:20-4:05-6:50-9:55 Mon-Thu 5:55-8:35
Taken (14A) Fri-Sun 1:10-4:15-7:35-10 Mon-Thu 5:45-9

Balaban's Week of grand Canadiana

ROBYN YOUNG
for Metro Canada

FEATURE One week after wrapping production of Canadian film One Week, Liane Balaban jetted off to London to play Dustin Hoffman's daughter in Last Chance Harvey.

She went from the campy directorial stylings of Michael McGowan straight to the glitz and glamour of a big Hollywood production. But the funny thing, said the 28-year-old with a laugh, was that Last Chance Harvey was Hoffman's low-budget project.

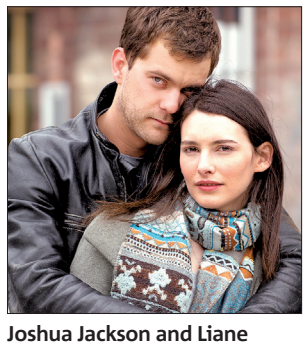
"They had T-shirts made up that said LCH (Last Chance Harvey) LBF (Low Budget Film)," said Balaban, who first appeared on the Canadian movie scene in 1999's New Waterford Girl.

She played 15-year-old Mooney Pottie in the critically acclaimed film about a young girl stifled by her upbringing in a small, Cape Breton coal-mining town.

Since then, she's acted in a range of productions including Definitely, Maybe with Ryan Reynolds; Happy Here and Now with David Arquette; and she just completed filming Coach with Hugh Dancy.

At the same time, she's held tight to her Canadian roots, finishing a political science degree at Concordia University, studying journalism at Ryerson and residing — for the most part — in Montreal with her fiancé, author and journalist Adam Gollner.

In One Week, Balaban plays Samantha Pierce, the fiancée of Ben Taylor (Joshua Jackson), who is diagnosed with an aggressive form of cancer and given little time to live. The Dawson's Creek star's character spontaneously buys an $8,000 motorcycle and begins a journey across Canada before giving in to his illness and inevitable treatment.



Joshua Jackson and Liane Balaban star in One Week.

What struck Balaban most about the film was that so much came out of such little time and financing.

"I was so impressed that such a tiny film was able to capture so much of the grandeur of Canada," she said.

And that it does. From Toronto's congested Gardiner Expressway and magnificent skyscrapers, to breathtaking views of Banff's snow capped peaks, the film takes full advantage of the country's aesthetic strengths.

• One Week opens in theatres March 6.

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MOXIE'S CLASSIC GRILL

The bestselling albums at Amazon.ca

1. Raising Sand, Robert Plant & Alison Krauss, left; **2.** Slumdog Millionaire soundtrack; **3.** It's Not Me, It's You, Lily Allen; **3.** Astral Weeks: Live at the Hollywood Bowl, Van Morrison. **METRO NEWS SERVICES**

Music

Metro recommends

• **DAN AUERBACH, KEEP IT HID:** The Black Keys frontman goes solo and explores the crossroads of spooky psychedelic rock and soulful Delta-blues.

• **M. WARD, HOLD TIME:** Ward blends his well-worn voice with vintage guitars and Americana sounds for a dreamy folk-pop experience.

• **THE HEARTLESS BASTARDS, THE MOUNTAIN:** Raunchy garage rockers turn down the volume by adding acoustic sounds. The rootsy new feel suits Erika Wennerstrom's haunting vocals. **METRO NEWS SERVICES**

TOP 10
MOBILE DOWNLOADS

1 Poker Face — Lady Gaga
2 Live Your Life — T.I. ft. Rihanna
3 Right Now — Akon
4 Heartless — Kanye West
5 Single Ladies — Beyoncé
6 Whatever You Like — T.I.
7 Let It Rock — Kevin Rudolf
8 Love Story — Taylor Swift
9 Sex On Fire — Kings Of Leon
10 Untouched — The Veronicas

rogers.com/musicstore
ROGERS

Little Voice suits Sara

SONY MUSIC PHOTO

Singer-songwriter Sara Bareilles scored two Grammy nominations for her album Little Voice.

ROB MCMAHON
for Metro Canada

When setting up in a new city, we all find ways to ease the transition. For singer-songwriter Sara Bareilles, the solution was to join an a cappella group.

Soon after moving to L.A. from Eureka, Calif., to attend UCLA, the chart-topping Grammy nominee signed up with Awaken A Capella, a group that mirrored the musical theatre she grew up performing.

"If you listen to my album (Little Voice), you'll hear that I'm very much in love with vocal harmonies, and that's part of what drew me to a cappella," she said. "Singing with such a supportive group really nurtured my confidence ... It also enlightened me to the versatility of the voice — to how dynamic a vocal performance can be."

Bareilles hasn't undergone formal musical training, though her natural command of vocals shines through her love of a capella and sharply observant lyrics. While Little Voice's piano-driven tracks are largely dominated by vocals, they also feature details cribbed from studio musicians, from the Maroon 5-esque funk-rock of Morningside to Come Round Soon's electronic intro.

"Sometimes I wish my training was different, since my skill level would be at a different place, and some of my limitations as a player would be solved," she said. "(But) since songwriting has not been not dissected for me, it's completely personality-based. I'm not breaking it down to make a formula, or understand it mathematically."

Writing and recording Little Voice entailed some measure of creative conflict between Bareilles and producer Eric Rosse. The pair are still friends, and Bareilles said the experience, while difficult at the time, helped her grow as an artist. Compared to her self-produced demo album, Careful Confessions, the tracks on Little Voice are much bigger — in terms of production, delivery and attached price tag. Several are reworked versions of earlier songs.

"When making music, if there's not anyone pushing back and challenging you — if you don't fight for your ideas ... (and you're) surrounded by yes men, you end up not doing everything you can," she said. "In order to better understand your art, you need to find a way to articulate it ... and that comes out every part of life — having to be your own advocate."

Seeking the truth behind music's big leak

SoundCheck

Alan Cross
alan@ongoinghistory.com

About 7 a.m. last Wednesday, I received an e-mail. "Want the new U2 album?" Within seconds, I was listening to U2's No Line on the Horizon.

A legitimate online store in Australia accidentally made the full album available for about two hours while Europe and North America slept. A few fans bought the album, re-ripped it to remove any digital locks and set it free. The tracks went global in seconds. A disaster for U2 and its label, right?

But since I believe in gunmen on grassy knolls and that the government knows that grey aliens are regularly kidnapping hillbillies, I began to wonder whether this really was a leak.

ARGUMENT FOR: The album leaked through the online store officially used by Universal Australia. Universal is U2's record label.

ARGUMENT AGAINST: Why would the world's biggest record label do something that sabotages sales for an album by its biggest band?

FOR: This was actually the second leak. A week earlier, it was available on Napster Mobile. But since no one has ever heard of Napster Mobile, it went unnoticed. Could the Australian leak have been a mulligan?

AGAINST: U2 manager Paul McGuiness is one of music's most outspoken people on the problem of piracy and illegal downloads. He wants ISPs put on the hook for money lost due to file-trading.

UNIVERSAL MUSIC

U2's No Line on the Horizon is scheduled for release next week.

FOR: Reaction to Get On Your Boots, the first single, has been tepid. An album leak gets people talking about U2.

AGAINST: People will talk about U2, anyway. The band played for Obama and opened the Grammys.

FOR: According to Forbes, only one-eighth a band's income comes from album sales these days. U2 will gross a $250 million from its upcoming world tour. A new CD is just an excuse for U2 to go on the road and make some real money.

AGAINST: When you sell more than 10 million copies of each album, one-eighth is still a lot of money.

The real answer is probably "It was all just a mistake." You can keep a new album secret as long as it stays in the studio, but the moment you have to ship it to pressing plants and download stores, it can all go horribly wrong very quickly. All it takes is one digital copy.

The Ongoing History of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com

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Clooney...scrub...NBC...March 12...be there!
George Clooney will be back in his ER scrubs for one final episode of the NBC medical drama that will air March 12. A show insider says Clooney will reunite with Julianna Margulies in a storyline that also features Susan Sarandon. **PEOPLE.COM**

Television

Huge laughs in next Apprentice: Green

ROBYN YOUNG
for Metro Canada

Tom Green predicts the upcoming season of Celebrity Apprentice will be the most entertaining yet.

"It's was ridiculous," the comic said in a telephone interview from his home in L.A.

The Canadian actor, comedian and writer, best known for MTV's The Tom Green Show and his feature film Freddy Got Fingered, is looking forward to watching the debauchery unfold starting Sunday when the second season of The Celebrity Apprentice airs.

Some of his fellow competitors included Dennis Rodman, Clint Black, Andrew Dice Clay, Joan Rivers and her daughter Melissa Rivers and Green said his main objective was to maintain a positive attitude and make each episode as funny as possible.

When arguments began, for example, he tried his best to encourage them.

"I'd just sort of listen intently to the person who was making the least sense and then that would give them confidence and they'd argue more," he said.

One of the funniest things for him was to see Clint Black and Dennis Rodman screaming at each other, he said.

And they weren't the only two of the 16 candidates to lose their cool.

Green couldn't give away all of the show's secrets, but he said there were several competitors who just didn't get along. The combination of strong personalities with the challenging, 16-hour days filled with complicated tasks, created a very volatile situation.

"It makes for some pretty cool TV," the 38-year-old said with a laugh.

"We were almost able to be a bit of a tag team as far as creating mass confusion and hysteria."
Tom Green on Andrew Dice Clay

The comedian found an ally in fellow funny man Andrew Dice Clay who has appeared several times as a guest on tomgreen.com, The Channel, where Green broadcasts a one-hour talk-show from his living room.

On the set of The Apprentice, the two jokesters continued the fun and games, adding some much needed comic relief to the mix.

"We were almost able to be a bit of a tag team as far as creating mass confusion and hysteria," Green said.

Overall, it was a great experience that Green said he would do all over again if he had the chance.

The Celebrity Apprentice premieres the evening of Sunday, March 1, and candidates will face the judgment of Donald Trump, his advisers and his two grown children, Ivanka Trump and Donald Trump Jr.

Green

Mix of Six

Calgary Home and Garden Show

When: Friday noon to 9 p.m., Saturday 10 a.m. to 9 p.m., and Sunday 10 a.m. to 6 p.m.
Where: Roundup Centre at the Stampede Park,

More than 450 home and garden specialists await you at the Home and Garden Show this weekend, offering advice, inspiration and must-have new products for decorating, renovating and landscaping.

Hawksley Workman

When: Saturday at 7 p.m.
Where: MacEwan Hall, University of Calgary,

The Toronto native musician known for a quirky blend of cabaret pop and glam rock visits Calgary. Tickets are $30, available from Ticketmaster.

Making Always War

When: Debuts Friday.
Where: Stride Gallery,

A new exhibition by Rebecca Belmore debuts this weekend at Stride Gallery called Making Always War. The installation uses documentation from her performance with the same title that took place in the spring of 2008 at UBC.

Nikki Payne

When: Friday and Saturday at 8 p.m. and 10:30 p.m.
Where: Yuk Yuk's Comedy Club at the Elbow River Casino

The Gemini-nominated comedian known for her lisp headlines the grand reopening weekend at Yuk Yuk's. Tickets for Nikki Payne's show are $12 - $19.

The Fiddle and the Drum

When: Friday and Saturday at 8 p.m. and 10:30 p.m.
Where: Yuk Yuk's Comedy Club at the Elbow River Casino

Joni Mitchell's the Fiddle and the Drum is back with Alberta Ballet, this time with four new songs and imagery. The ballet explores the human spirit's potential to create and destroy, its ability to love and hate, and its capacity for war and peace.

The Good Egg

When: Friday at 7:30 p.m., Saturday at 2 p.m. and 7:30 p.m., Sunday at 2 p.m.
Where: Martha Cohen Theatre

Alberta Theatre Projects present the Good Egg, a dark comedy as part of the Enbridge PlayRites Festival of New Canadian Plays. The play follows a golden couple trying to conceive a child.

FRIDAY

CA	Vu	SC			7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 2/27/09	243	317	3	CFCN	etalk	Hollywood	Raising the Bar (N)		Ghost Whisperer (N)		Flashpoint (HDTV) (N)		News (N)
	-	-	4	OMNI	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	-	371	5	KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Wife Swap (N)		Supernanny (N)		20/20
	245	306	6	CBRT	Coronation St.	Jeopardy! (N)	Rick Mercer	Marketplace	CBC News: the fifth estate		CBC News: The National		The Hour
	244	338	7	CICT	ET Canada	Entertainment	NUMB3RS "Cover Me"		Howie Do It	Howie Do It	(10:01) Dollhouse (N)		News Hour
	246	-	8	CKAL	Law & Order: SVU		Mantracker		Survivorman		Crusoe		Your City
	-	372	12	KREM	News (N)	Hollywood	The Doctors (N)		Ghost Whisperer (N)		Flashpoint (HDTV) (N)		NUMB3RS
	-	374	14	KSPS	NewsHour With Jim Lehrer		Wash. Week	McLaughlin	Bill Moyers Journal (N)		NOW on PBS	Being Served	Vicar of Dibley
	-	370	16	KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Howie Do It	Howie Do It	Friday Night Lights (N)		Dateline NBC
	-	373	22	KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Sarah Connor Chronicles		(10:01) Dollhouse (N)		News (N)
news	502	390	15	CBC	CBC News: The National		Divorce & Not Wreck the Kids		CBC News: The National		CBC News: The National		Divorce
	500	500	29	CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	501	391	52	CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
sports	400	400	21	TSN	NHL Hockey	Curling 2009 Scotties Tournament of Hearts -- Page Playoff. From Victoria, B.C.						SportsCentre	Billiards
	408	418	27	net	NHL Hockey Minnesota Wild at Calgary Flames. (HDTV) (Live)					Sportsnet Con.	Sportsnet Connected		Flames in Hour
family	552	543	20	YTV	iCarly	Prank Patrol	*Yours, Mine and Ours* ★★★ (1968, Comedy) Lucille Ball.				Falcon Beach		Ghost
	557	541	39	FAM	Zoey 101	Latest Buzz	Wizards-Place	*The Neverending Story* ★★★ (1984, Fantasy)			*Camp Nowhere* ★★ (1994, Comedy)		
cable variety	-	-	18	CHTV	The Insider (N)	E News	Fashion Police: Academy		20/20 (HDTV)		Friday Night Lights (N)		News (N)
	603	561	25	FOOD	Kylie Kwong	Gourmets	Diner, Drive-In	Diner, Drive-In	Ramsay's Kitchen Nightmares		Challenge Ice cream.		Kylie Kwong
	615	520	26	A&E	CSI: Miami "Born to Kill"		CSI: Miami "Lost Son"		Criminal Minds "Jones"		CSI: Miami "Kill Switch"		CSI: Miami
	617	522	32	SHOW	Wife Swap		The Outer Limits		Da Vinci's Inquest		Testees	Kenny-Spenny	Webdreams
	520	505	35	DISC	Man vs. Wild Turkey. (N)		Deranged (N)		Daily Planet		Man vs. Wild Turkey.		Project Earth
	628	584	43	SPIKE	DEA (HDTV)		Real Vice	Real Vice	Disorderly Conduct: Video		MANswers	MANswers	GameTrailers
	522	516	45	HIST	Urban Legends	Urban Legends	NCIS		Shockwave		Urban Legends	Urban Legends	Ax Men
	581	566	102	MTV	The Real World		The City	The City	City Live After	Cribs	The Girls of Hedsor Hall		The City

SATURDAY

CA	Vu	SC			7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 2/28/09	243	317	3	CFCN	W-FIVE		Cold Case "True Calling"		*Mayerthorpe* (2008, Docudrama) Henry Czerny.				News (N)
	-	-	4	OMNI	Omni News: Mandarin		*Enter the Phoenix* (2004, Comedy) Eason Chan, Daniel Wu.				Trendy Zone	Word for Word	Chinese Rest.
	-	371	5	KXLY	News	The Insider (N)	Entertainment Tonight		Funniest Home Videos		*Bewitched* ★★ (2005, Romance-Comedy)		
	245	306	6	CBRT	NHL Hockey		NHL Hockey Minnesota Wild at Edmonton Oilers. (HDTV) (Live)					HNIC -- After Hours	
	244	338	7	CICT	Shattered Dreams		Masterminds	Masterminds	Brothers & Sisters "Troubled Waters" (HDTV) (N)				News (N)
	246	-	8	CKAL	Without a Trace		Less-Kind	Kaya	*Earthstorm* (2006, Science Fiction), Dirk Benedict (DVS)				The City Show
	-	372	12	KREM	News (N)	Scrubs	Paid Program	Paid Program	Cold Case "True Calling"		48 Hours Mystery		48 Hr. Mystery
	-	374	14	KSPS	KSPS Membership Special		KSPS Membership Special						KSPS Special
	-	370	16	KHQ	News (N)	Judge Judy	CSI: NY (HDTV)		Law & Order: Criminal Intent		Law & Order: SVU		Law & Order
	-	373	22	KAYU	House "No Reason"		Two/Half Men	Two/Half Men	Cops (N)	Cops	America's Most Wanted		News (N)
news	502	390	15	CBC	Sat. Report	Mansbridge	CBC News: the fifth estate		Sat. Report	Fortune	Sat. Report	Mansbridge	fifth estate
	500	500	29	CNN	Larry King Live		D.L. Hughley Breaks the News		Newsroom		Larry King Live		D.L. Hughley
	501	391	52	CTV	CTV Newsnet-Scott Laurie		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
sports	400	400	21	TSN	Curling: Scotties Tournament of Hearts			SportsCentre		NASCAR Racing	Nationwide Series -- Sam's Town 300.		
	408	418	27	net	Hockey	English Premier League Soccer Teams TBA.				Snowboard	Saturday Night Poker		Sportsnet Con.
family	552	543	20	YTV	Kid vs. Kat	Kid vs. Kat	Team Galaxy	Team Galaxy	Zixx Level	Storm Hawks	Naruto	Bleach	Ghost
	557	541	39	FAM	Natural-Sadie	Flight 29 Down	That's-Raven	Zoey 101	Life Derek	Han. Montana	*Rudy* ★★★ (1993, Drama) Sean Astin.		
cable variety	-	-	18	CHTV	Chef School	E News	*A Job to Kill For* (2006, Suspense) Sean Young.				Show Yours	G-Spot	E News
	603	561	25	FOOD	Top Chef (Part 2 of 2)		Hell's Kitchen		The F Word		Challenge		Top Chef
	615	520	26	A&E	CSI: Miami (HDTV)		CSI: Miami (HDTV)		CSI: NY (HDTV)		CSI: Miami (HDTV)		CSI: Miami
	617	522	32	SHOW	NUMB3RS "Tabu"		Mutant X		*Legacy of Fear* (2006, Suspense) (HDTV) Teri Polo.				*Ultraviolet*
	520	505	35	DISC	Destroyed	Time Warp	Criss Angel	Criss Angel	Guinea Pig (N)	Guinea Pig	Destroyed	Time Warp	Criss Angel
	628	584	43	SPIKE	(6) *Star Wars: Episode III -- Revenge of the Sith* (2005)				Real Vice	Real Vice	Real Vice	Real Vice	Real Vice
	522	516	45	HIST	Unlocking the Past		NCIS "Hiatus"		Ancestors	Ancestors	*The Patriot* ★★★ (2000, War)		
	581	566	102	MTV	MTV News	After	Cribs	Cribs	Cribs	Cribs	Cribs	Cribs	MTV Live

SUNDAY

CA	Vu	SC			7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 3/1/09	243	317	3	CFCN	Star Wars Clo.	Degrassi: TNG	The Mentalist (HDTV)		The Amazing Race 14		Criminal Minds (N)		News (N)
	-	-	4	OMNI	Without a Trace		King	King	Bollywood Boulevard		Losing My Religion		Chardi Kalaa
	-	371	5	KXLY	News	Basketball	Funniest Home Videos		Extreme Makeover: Home		Brothers & Sisters "Troubled Waters"		
	245	306	6	CBRT	Heartland (N) (DVS)		*The Devil Wears Prada* ★★★ (2006, Comedy)				CBC News: Sunday Night (N)		East Coast
	244	338	7	CICT	16:9 Picture	King of the Hill	Life on Mars		The Simpsons	King of the Hill	Family Guy	American Dad	News (N)
	246	-	8	CKAL	2Half Men	2Half Men	Friends	Friends	Rock of Love Bus		Curb-Enthsm	Curb-Enthsm	Reviews
	-	372	12	KREM	News (N)		60 Minutes		The Amazing Race 14		*Jesse Stone: Thin Ice* (2009) Tom Selleck.		
	-	374	14	KSPS	(7:15) Rick Steves' Europe		Steves Europe	(8:45) Rick Steves' Europe		Steves Europe	(10:15) Rick Steves' Iran		Hometime (N)
	-	370	16	KHQ	News	Best Sports	Saturday Night Live		Saturday Night Live (PA)		The Celebrity Apprentice (N)		
	-	373	22	KAYU	House "Meaning"		To Be Announced		The Simpsons	King of the Hill	Family Guy	American Dad	News (N)
news	502	390	15	CBC	CBC News: Sunday Night (N)		*Who Killed the Electric Car?* ★★★ (2006, Documentary)				CBC News: Sunday Night		*Electric Car*
	500	500	29	CNN	Larry King Live		Newsroom		D.L. Hughley Breaks the News		Larry King Live		Newsroom
	501	391	52	CTV	CTV Newsnet-Scott Laurie		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
sports	400	400	21	TSN	(6) Curling 2009 Scotties Tournament of Hearts -- Final. (HDTV) (Live)					SportsCentre	Hockey 2009 BC World Cup Sledge Hockey.		
	408	418	27	net	NHL Hockey: Lightning at Flames			Sportsnet Con.	Saturday Night Poker		Sportsnet Connected		Flames in Hour
family	552	543	20	YTV	*Flushed Away* ★★★ (2006, Comedy), Kate Winslet				Prank Patrol	Prank Patrol	The Next Star "The Buzz"		Adrenaline Proj
	557	541	39	FAM	Natural-Sadie	Flight 29 Down	That's-Raven	Zoey 101	Life Derek	Han. Montana	*Bob the Butler* ★★ (2005, Comedy)		
cable variety	-	-	18	CHTV	Inside Hollywood		The Best Years (DVS)		Extreme Makeover: Home		The Celebrity Apprentice (N)		
	603	561	25	FOOD	Iron Chef America		The Next Food Network Star		The Heat	The Heat	Challenge Knife skills.		Iron Chef Am.
	615	520	26	A&E	CSI: Miami (HDTV)		The Sopranos (HDTV)		The Sopranos (HDTV)		CSI: Miami (HDTV)		CSI: Miami
	617	522	32	SHOW	Wife Swap		The Guard (HDTV)		*Thrill of the Kill* (2006, Suspense) Shiri Appleby.				Damages
	520	505	35	DISC	Edge of the Universe		MythBusters		Anthony Bourdain		Journey to the Edge of the Universe		
	628	584	43	SPIKE	UFC Unleashed		Ways to Die	Ways to Die	MANswers	MANswers	MANswers	MANswers	Married... With
	522	516	45	HIST	Liberator	NCIS "Hiatus"		Running Guns (N)			*Lord of War* ★★ (2005, Drama)		
	581	566	102	MTV	Cribs	Cribs	Cribs	Cribs	After	MTV News	Made "Pop Singer"		Cribs

Holly loses her Angel

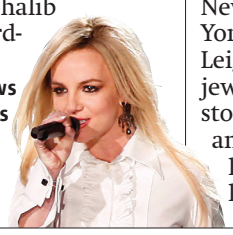
It's over between illusionist Criss Angel and Girl Next Door Holly Madison. "Criss and Holly are no longer a couple," their rep told People magazine. "They remain very close friends and wish each other the very best." METRO NEWS SERVICES

Celebrity Buzz

Judge extends three restraining orders for Spears

COURTS A judge ordered three men with former ties to Britney Spears to continue staying away from the pop star, amid claims they tried to undermine her father's control over her affairs on Wednesday, Reuters reports. Los Angeles Superior Court Judge Aviva K. Bobb extended a restraining order against Sam Lutfi, Adnan Ghalib and Jon Eardley.

METRO NEWS SERVICES



Wedding bells ringing soon?

MARRIAGE Malinda Williams has fuelled reports her Nailed co-star Jake Gyllenhaal is set to marry girlfriend Reese Witherspoon after confessing she expects wedding bells soon, femalefirst.co.uk reports.

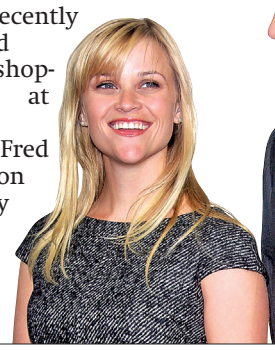
The 28-year-old Jarhead star and his actress lover were recently spotted ring shopping at New York's Fred Leighton jewelry store, and his latest co-star insists it's obvious the couple will be man and wife soon.

She tells Life & Style magazine, "I wouldn't be surprised if they get married soon. Reese was on the set a lot. She and Jake are clearly in love.

"They're like two regular, down-home people. They seem very comfortable around each other ... It's like they've been together for a really long time — like an old married couple."

The couple met on the set of Rendition in 2007, becoming more open about their relationship after Witherspoon finalized her divorce. The actress married Ryan Phillippe in 1999, but in 2006, the two announced they were separating after seven years of marriage. They share the custody of their two children.

METRO NEWS SERVICES



Brit's music makes no sense: Mayer

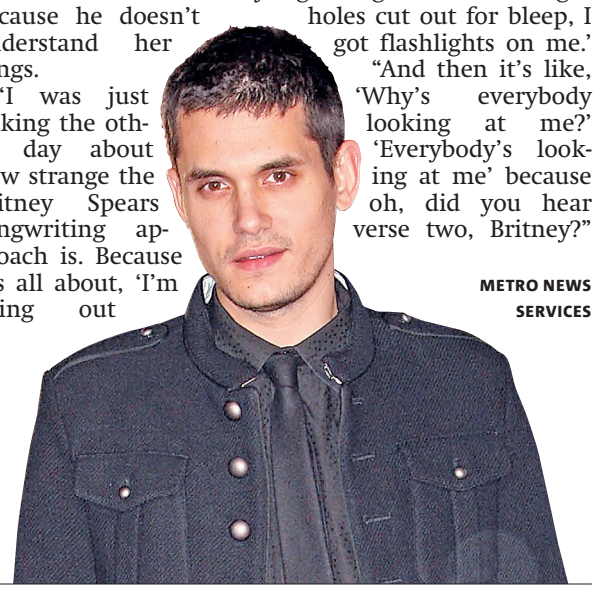
PEOPLE John Mayer thinks Britney Spears is "strange," femalefirst.co.uk reports.

The singer — who has been dating actress Jennifer Aniston for the past year — would never perform a duet with Britney because he doesn't understand her songs.

"I was just talking the other day about how strange the Britney Spears songwriting approach is. Because it's all about, 'I'm going out tonight, but nobody look at me,'" he said.

"I've never met her and I'm not coming down on her, but all of the songs are sort of like, 'I'm getting all my girls together, we're gonna go out' and 'I've got holes cut out for bleep, I got flashlights on me.' "And then it's like, 'Why's everybody looking at me?' 'Everybody's looking at me' because oh, did you hear verse two, Britney?"

METRO NEWS SERVICES



Beatty offers role and help

PEOPLE Hollywood icon Warren Beatty apparently has a movie in mind with the perfect role for Lindsay Lohan.

But if the young starlet wants it, she's going to have to jump through a few hoops. Beatty is reportedly offering the part to Lohan under the condition that she move in with him and wife Annette Bening — or at least into one their guest houses — for the duration of the filming so that Beatty can keep an eye on the notoriously difficult Lohan, according to Fox News.

METRO NEWS SERVICES

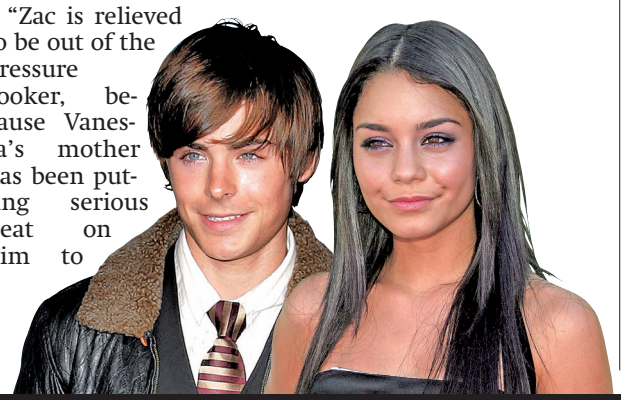
High School stars will wed

MARRIAGE Zac Efron has reportedly asked High School Musical co-star and girlfriend Vanessa Hudgens to marry him — because of pressure from Hudgens' mom.

According to sources, the 21-year-old popped the question while the couple vacationed in Japan last month.

"Zac is relieved to be out of the pressure cooker, because Vanessa's mother has been putting serious heat on him to make an honest woman out of her daughter," a source tells the National Enquirer. "She is old-school and doesn't approve of Vanessa living with Zac without some type of wedding promise." The pair reportedly plan to wed sometime next year.

METRO NEWS SERVICES



Brown may make a case for self-defence

INCIDENT While preparing for his upcoming court date over his alleged assault of girlfriend Rihanna, Chris Brown is reportedly planning an interesting strategy: Pleading self-defence.

Inside sources tell Life & Style Weekly that while Brown is still waiting to hear if Rihanna will press charges, he's preparing a case against her.

"He's saying she threw a phone at him, then hit him in the head and basically just lost it," a source tells the magazine. "He's saying she attacked him."

METRO NEWS SERVICES

Jonas fans: Be nice to his mom

PEOPLE There's one simple rule for dating this teenage rocker: Nick Jonas is only interested in girls that get along with his mother.

The 16-year-old Jonas Brothers singer says his ideal girlfriend is "someone who's good to my mom, that's very important."

METRO NEWS SERVICES

If you thought Mitch McDeere was in trouble in *The Firm*, wait until you meet Kyle McAvoy in

THE ASSOCIATE

A NOVEL

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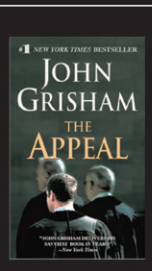
JOHN GRISHAM

"It grabs the reader quickly and becomes impossible to put down." –*The New York Times*

"It's an absorbing thriller that's a fitting follow-up to *The Firm*." –*The Boston Globe*

"Compulsively readable… You're peering into a secret world of power and money. What more could you or anyone ask for?" —*Time Magazine*

ALSO AVAILABLE: *THE APPEAL* IN POCKET PAPERBACK



AVAILABLE WHEREVER BOOKS ARE SOLD AND AT RANDOMHOUSE.CA

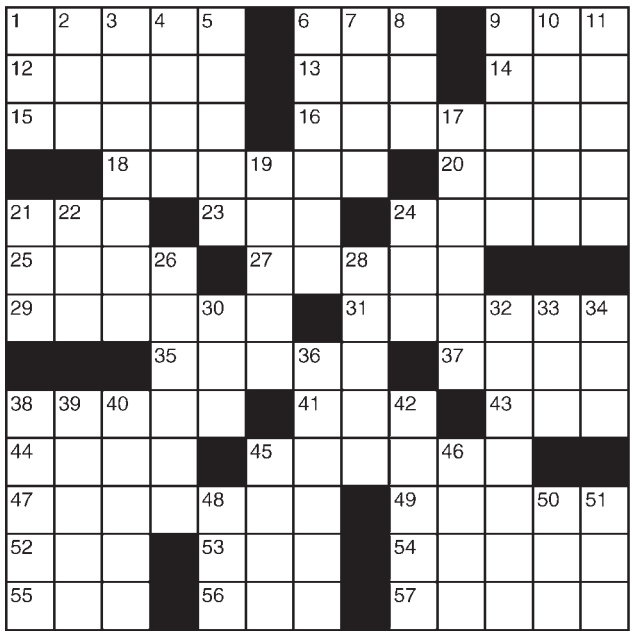
DOUBLEDAY

Friday Partly cloudy -1 C / -18 C
Saturday Partly cloudy -2C / -15 C
Sunday Partly cloudy -1 C / -10 C

BT BREAKFAST TELEVISION

Andrew Schultz, Weather Specialist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." **WEEKDAYS AT 6 A.M.**

Take Five



Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3	6						4	5
		4	1			8		
9			3		4			
7				3		6	8	
				6				
	5	3		1				4
			8		2			7
		1			3	2		
8	2						9	3

Crossword across

1 Spills the beans
6 English channel?
9 Shade source
12 Genuflect
13 Bruins legend
14 Ultra-modernist
15 Preamble
16 Rifle attachment
18 Drink
20 Chaste
21 Field, briefly
23 La preceder
24 Stickup
25 Mines' output
27 Grill brand
29 Potassium source
31 Los Angeles suburb
35 Jargon
37 The Red and the Black
38 Summarize
41 Legal thing
43 Recipe meas.
44 Astringent
45 Family cars
47 Group of secretaries?
49 Hugh Laurie title role
52 Greek H
53 Brewery product
54 Signed a contract
55 Lair
56 "For Me and My —"
57 Borscht necessity

Crossword down

1 Schuss
2 Quaint stopover
3 Chatroom frequenter, e.g.
4 Bacterium
5 Unkempt ones
6 Outfielder's slip-up
7 Highland hillside
8 Weep
9 Boredom
10 Ogler's looks
11 Sacred song
17 "Lakme" and "Lulu"
19 Hawkeye
21 Drew's daytime-TV predecessor
22 401(k) alternative
24 Yon maiden
26 Antipasto ingredient
28 Greeted the villain
30 Pinch
32 Obi toggle
33 Petrol
34 Kreskin's claim
36 Hansel's sis
38 Sped
39 Cheer up
40 Castro, e.g.
42 Master, in old India
45 Actress Ward
46 Zilch
48 Kvetch
50 Collection
51 Mag. staffers

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

E	M	I	T	■	P	A	M	■	G	M	E	N
D	I	O	R	■	A	P	E	■	L	A	V	E
A	N	T	I	■	G	U	N	■	O	G	E	E
M	I	A	S	M	A	■	U	P	W	A	R	D
■	■	■	T	O	N	■	F	E	Z	■	■	■
J	I	V	E	■	I	N	S	C	R	I	B	E
A	D	A	■	■	N	I	A	■	■	N	U	B
B	O	G	G	L	I	N	G	■	V	E	R	B
■	■	A	R	E	■	■	A	H	A	■	■	■
R	E	B	A	T	E	■	M	O	R	S	E	L
I	K	O	N	■	C	O	O	■	I	L	I	E
P	E	N	N	■	H	E	R	■	E	A	R	N
E	D	D	Y	■	O	R	E	■	D	Y	E	S

7	5	8	6	3	4	9	1	2
3	6	1	2	7	9	5	4	8
2	9	4	5	8	1	3	6	7
6	4	2	9	1	3	7	8	5
1	8	7	4	5	2	6	3	9
5	3	9	7	6	8	4	2	1
4	2	6	8	9	5	1	7	3
8	1	5	3	4	7	2	9	6
9	7	3	1	2	6	8	5	4

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Spaghetti with Scallops, Asparagus and Swiss Chard

INGREDIENTS:
2/3 lb (300 g) spaghetti
1 tbsp (15 ml) olive oil
12-oz (350 g) scallops, quartered if large
7 oz (200 g) asparagus, trimmed and cut into 1 1/2-in. (3-cm) lengths
1/2 tsp (2 ml) grated fresh ginger
1/2 lemon, zest grated and juiced
1/2 lb (250 g) Swiss chard leaves, coarsely shredded
1/3 cup (75 ml) water

METHOD:
1. Cook spaghetti in large pot of lightly salted boiling water according to packet instructions. When ready, drain.
2. While pasta is cooking, heat oil in wok or large frying pan over high heat. Add scallops in a single layer and cook, turning occasionally, about 3 minutes or until lightly golden and almost cooked through. Transfer scallops to plate, using slotted spoon, and keep warm.
3. Add asparagus to wok with ginger and lemon zest. Cook, stirring frequently, about 4 minutes until starting to soften.
4. Add Swiss chard leaves to wok and toss lightly. Pour in water, cover wok and cook about 5 minutes until Swiss chard is wilted and asparagus is tender.
5. Return scallops to wok with lemon juice and season to taste. Add spaghetti to wok and gently toss to mix with scallops and asparagus. Serve at once.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
A source of funds is revealed to a go-getter. Don't make fun of cautious behaviour. A wise guy finds an answer while daydreaming.

TAURUS
APRIL 21-MAY 21
A benevolent woman leaves a trail of evidence. A big setback affects someone's emotional state. A sensitive person makes guarded statements.

GEMINI
MAY 22-JUNE 21
Pay close attention to a drama queen. An old guy has to obey his conscience. People wearing bland masks will make for a long day.

CANCER
JUNE 22-JULY 22
Your routine will change due to a control freak. A mischief-maker concocts thrilling scenarios. An illness initiates contact with an unusual person.

LEO
JULY 23-AUG 23
Don't try to exploit someone in the legal profession. A mystery man interferes with a conclusion. A computer will lead to a new friendship.

VIRGO
AUG 24-SEPT 22
An elder's remark will cause amusement. A bashful friend boasts about your deeds. Avoid any controversy concerning possessions.

LIBRA
SEPT 23-OCT 23
A disaster will be avoided. Being spontaneous can bring people together. Having second thoughts about a love affair creates turmoil.

SCORPIO
OCT 24-NOV 22
Emotional sensitivity is high in a whirlwind of activity. Rational discussions keep you hopping. A know-it-all blunders into a misunderstanding.

SAGITTARIUS
NOV 23-DEC 21
A shameless thief will give you something. An apathetic person stands by the original plan. You'll find somebody to love.

CAPRICORN
DEC 22-JAN 20
Illness and obligations will come to a head. A cheerful man needs more training. A pitiful cry will reveal much more than you expected.

AQUARIUS
JAN 21-FEB 18
A prospective partner shares your strong feelings. Avoid others who are busy doing a difficult job. The importance of a decision becomes clear.

PISCES
FEB 19-MARCH 20
People are talking about a soppy person. Be careful not to get hurt in a tug-of-war. Be considerate when you're with decision-makers.

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This day in history

FEB. 27, 1594: Henry IV is crowned King of France.
FEB. 27, 1860: Abraham Lincoln makes a speech at Cooper Union in New York that is largely responsible for his election.
FEB. 27, 1922: A challenge to the 19th Amendment to the United States Constitution, allowing women the right to vote, is rebuffed by the Supreme Court of the United States.
FEB. 27, 1964: The government of Italy asks for help to keep the Leaning Tower of Pisa from toppling over.
FEB. 27, 1974: People magazine is published for the first time.
FEB. 27, 1999: Olusegun Obasanjo becomes Nigeria's first elected president since mid-1983.

METRO NEWS SERVICES

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